



Salem
Pregnancy Care Center

COMMUNITY RESOURCE GUIDE



Updated 2025

We are delighted to share our Community Resource Guide with you.

This guide consists of various organizations and non-profits that offer a comprehensive selection of services. We have compiled their contact and service information into this guide to assist you with finding the services you need. You may find many of these organizations and services helpful during your pregnancy and beyond.

Community resource information listed in this guide does not mean that Salem Pregnancy Care Center guarantees or endorses the providers/agencies. These organizations are not affiliated with the center but rather are independent agencies. The center provides these referrals for your convenience only and does not necessarily endorse the materials, policies or practices of these providers/agencies. By accepting referral information from the center you understand and agree that the center is in no way responsible for the acts, omissions, results or services of any of the providers/agencies. You are responsible for interviewing and selecting suitable providers/agencies. Therefore, you should conduct your own inquiry and contact providers/agencies directly for relevant information, such as information on insurance coverage. If you are under 18 years of age, the center recommends that you seek the advice of a parent/guardian in considering providers.

SALEM PREGNANCY CARE CENTER IS HERE FOR YOU!

- Salem Pregnancy is a safe refuge for hurting women who find themselves in an unplanned pregnancy. We listen to your fears, your questions and your personal struggles with compassion and offer real solutions to your situation. We provide you with factual information so that you can make an informed decision.
- We are dedicated to showing unconditional love and acceptance to our clients without being judgmental or betraying confidentiality
- We are here to meet the physical, practical, emotional and spiritual needs, of women facing an unplanned pregnancy
- We are here to improve our clients self-esteem and long term self-improvement skills through educational and practical support
- We give honest and open answers

OUR SERVICES

All our services are free and confidential

- ✓ Lab-Quality Pregnancy Tests
- ✓ Limited Obstetric Ultrasounds
- ✓ Prenatal Vitamins
- ✓ STD Testing & Treatment
- ✓ Referrals for Community Resources
- ✓ Pregnancy Medicaid Assistance (Pregnancy Test Verification)
- ✓ Non-Judgmental, Confidential Support and Assistance
- ✓ Community Shopping (baby clothes, diapers/wipes, other baby items)
- ✓ 8 Week Parenting Classes
- ✓ Life Skills Group Classes for Expecting Parents (HOPE Academy)
- ✓ Post-Abortion Recovery Referrals





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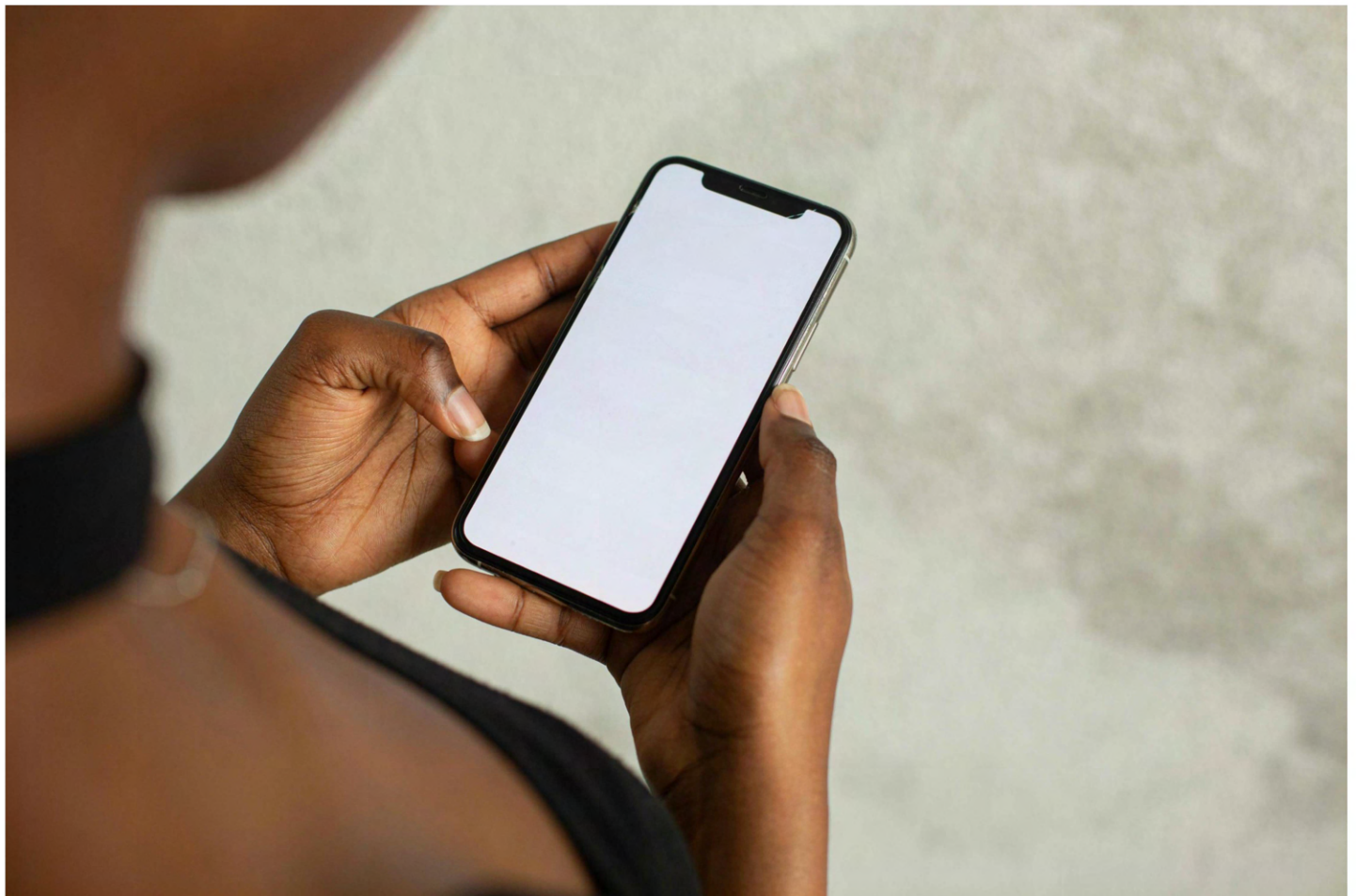
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HOTLINES

Agency Name	211 HELP LINE OF UNITED WAY HOTLINE
Address	N/A
Phone #	2-1-1 OR 1-888-892-1162
Website	https://nc211.org/
Service(s) Offered	Free and confidential information on health and human services and resources within their community.
Requirements	None
Cost	Free
Servicios en Español	Se ofrecen servicios en Español.
Agency Name	988 SUICIDE AND LIFE CRISIS HOTLINE
Address	N/A
Phone #	9-8-8
Website	https://988lifeline.org/
Service(s) Offered	Free and confidential 24/7 emotional support to people in suicidal crisis or emotional distress.
Requirements	None
Cost	Free
Servicios en Español	Se ofrecen servicios en Español.
Agency Name	ABORTION PILL REVERSAL HOTLINE
Address	N/A
Phone #	1-877-558-0333
Website	https://www.abortionpillreversal.com/
Service(s) Offered	Connects you with a medical professional nearby who can guide you towards reversing the effects of the abortion pill or if you have questions in regards to taking the abortion pill.
Requirements	None
Cost	Free
Servicios en Español	Se ofrecen servicios en Español.
Agency Name	NATIONAL HUMAN TRAFFICKING HOTLINE
Address	N/A
Phone #	1-888-373-7888 OR TEXT "HELP" TO 233733
Website	https://humantraffickinghotline.org/en
Service(s) Offered	Connects victims and survivors of sex and labor trafficking with services and support to get help and stay safe.
Requirements	None
Cost	Free
Servicios en Español	Se ofrecen servicios en Español.

Agency Name	HOPE4NC HOTLINE
Address	N/A
Phone #	1-855-587-3463 OR TEXT "HOPE" TO 1-855-587-3463
Website	https://www.ncdhhs.gov/divisions/mental-health-developmental-disabilities-and-substance-abuse/hope4nc/hope4nc-helpline
Service(s) Offered	Connects North Carolinians with emotional support and mental health resources to help build coping skills and resilience during times of crisis.
Requirements	None
Cost	Free
Servicios en Español	Se ofrecen servicios en Español.



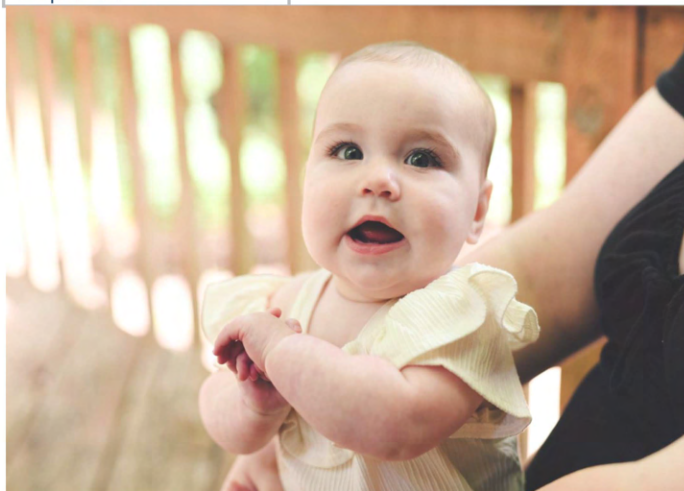
SALEM PREGNANCY COMMUNITY RESOURCE GUIDE

ADDICTIONS	
Agency Name	ADVANCING FORWARD HEALTH (OPIOID)
Address	1495 Rymco Drive, #105, Winston-Salem, NC 27103
Phone #	(336) 999-3228
Website	advancingforwardws.com
Service(s) Offered	Advancing Forward Health is a patient-centered clinic passionate about providing ongoing recovery from opioid use disorder to people with busy lives. They offer medical-management and counseling at the patients' convenience through flexible scheduling. Suboxone and buprenorphine medical care is also available .
Requirements	Advancing Forward Health serves anyone form adolescents to elderly adults that has an opioid-use disorder.
Cost	There is a cost. Call for more information.
Servicios en Español	No se ofrecen servicios en Español.
Agency Name	CELEBRATE RECOVERY OF PINEDALE
Address	3395 Peters Creek Pkwy, Winston-Salem, NC 27127
Phone #	(336) 788-7600
Website	facebook.com/CRofPinedale
Service(s) Offered	Celebrate Recovery is a Christ-based recovery program for anyone dealing with hurts, habits, or hang-ups. Service for deaf people. Celebrate Recovery meets on Thursday night in Pinedale Christian Church at 6:15 pm for dinner and at 7:00pm for the large group meeting, with gender-specific open-share groups following.
Requirements	For anyone dealing with hurts, habits, or hang-ups. For more information email: crpinedale@gmail.com.
Cost	Free
Servicios en Español	No se ofrecen servicios en Español.
Agency Name	OLD VINEYARD (BEHAVIORAL HEALTH SERVICES)
Address	3637 Old Vineyard Rd, Winston-Salem, NC 27104
Phone #	855-234-5920
Website	oldvineyardbhs.com
Service(s) Offered	Old Vineyard offers a variety of behavioral health services in Winston-Salem, NC, to help those in need get the treatment they deserve. Whether you or a loved one suffer from trauma, depression, anxiety, addiction, or suicidal thoughts, Old Vineyard mission is to provide care that helps to address, and eventually heal, behavioral health issues. From psychiatric medication management to therapeutic sessions, Old Vineyard makes sure your health is taken care of.
Requirements	Referral Recommended (referral form can be found on the website). Old Vineyard's Programs are designed to help anyone, including teens ages 12 to 17 to senior adults in crisis.

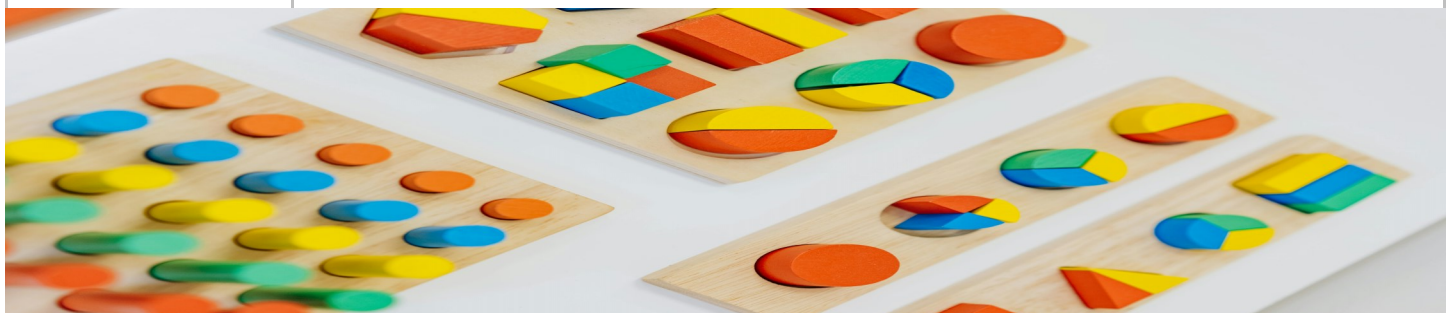
Cost	Old Vineyard accept most major insurance including Medicare and TRICARE. The assessment and referral center will ensure that insurance benefits are verified including precertification for your stay.
Servicios en Español	No se ofrecen servicios en Español.
Agency Name	SOLUS CHRISTUS (SAFE HOUSE FOR WOMEN)
Address	P.O. Box 416 East Bend, NC 27018
Phone #	336-813-3007
Website	Soluschistusinc.org
Service(s) Offered	Solus Christus strives to meet the emotional and spiritual needs of women experiencing, homelessness, trauma, and addiction, as well as supplying their physical needs of food, clothing, and shelter. Solus Christus currently has a residential program at 2 houses.
Requirements	To apply for Solus Christus Safe House fill out the online application, and fax it to the number provided on the application, then call for a phone interview. There is weekly rent requirement that will be assessed once accepted.
Cost	There is a cost. Call for more information.
Servicios en Español	Se puede acomodar con anticipacion
Agency Name	WINSTON SALEM COMPREHENSIVE TREATMENT CENTER (OPIOID)
Address	1617 S Hawthorne Rd, Winston-Salem, NC 27103
Phone #	(888) 858-0904
Website	ctcprograms.com/location/winston-salem-comprehensive-treatment-center
Service(s) Offered	WSCTC helps you find recovery from addictions to fentanyl, prescription painkillers, heroin, and other opioids. This involves using medication-assisted treatment, which combines medication and counseling to provide opioid addiction treatment that addresses the physical, emotional, social, and behavioral aspects of opioid addiction. Services include Buprenorphine Maintenance, Methadone Maintenance, Suboxone Maintenance, Vivitrol Maintenance, and Outpatient Detox.
Requirements	For adults age 18 and older of all genders who are struggling with opioid addiction.
Cost	There is a cost. Please call for more information. WSCTC accepts commercial Insurance, Medicaid, Medicare, and Self-Pay as options.
Servicios en Español	No se ofrecen servicios en Español.

Agency Name	WISH PROGRAM (COMMUNITY ALTERNATIVES, INC.)
Address	726 Cherry Street North, Winston Salem, North Carolina 27101
Phone #	336-397-7500
Website	Comalt.org/wish-program
Service(s) Offered	The WISH (Women and Infant Services for Health) Program provides substance abuse outpatient treatment for new and expecting mothers and their children.
Requirements	Pregnant women are given preference in admissions. By appointment only. Priority admission is as follows: Pregnant women using substances intravenously, Pregnant women with a substance use disorder, Women using substances intravenously, and then all others.
Cost	There is a cost. Call for more information. Wish Program will not deny consumers services based on inability to pay.
Servicios en Español	No se ofrecen servicios en Español.

ADOPTION	
Agency Name	CHRISTIAN ADOPTION SERVICES
Address	7884 Idlewild Road, Indian Trail, NC 28079
Phone #	Phone: 800-453-1011 (24/7 hotline) Text: 704-619-3531 General Line for All Offices: 704-847-0038
Website	Christianadopt.org
Service(s) Offered	CAS offers open, semi-open and closed adoption plans. The staff works with expectant parents who have decided to place their baby for adoption, and they also work with helpful adoptive families to screen and prepare them. Their services also include counseling, birth mother mentors, assistance with maternity needs and pre-natal care, and case management.
Requirements	Requirements for each one of the programs can be found on the website. Referral is recommended.
Cost	Free
Servicios en Español	Se ofrecen servicios en Español. Contacto: 1-888-297-4108
Agency Name	FALCON CHILDREN'S HOME AND FAMILY SERVICES
Address	7569 North West St., Falcon, NC 28342
Phone #	(910) 980-1065
Website	falconchildrenshome.org
Service(s) Offered	Adoption Program: Falcon Children's Home and Family Services is equipped to assist families in adopting independently as well as relative for families seeking a private adoption. Falcon Children's Home and Family Services now can assist families who desire to adopt through the Department of Social Services of North Carolina via the Foster to Adopt program. Foster Care Program: Foster care is a protective service for families. Children who have been physically abused, sexually abused, neglected, or maltreated are given a safe family environment in an agency approved home for a planned and temporary period of time.
Requirements	Visit the website for requirements. Referrals to Falcon Children's Homes are accepted from anyone and can be as simple as an email or a phone call. Children and families can be referred by themselves, departments of social services, pastors, educators, juvenile services, or other family members. Free for expecting mothers only
Cost	Free
Servicios en Español	Se ofrecen servicios en Español.



Agency Name	LIFELINE CHILDREN'S SERVICES
Address	This program covers residents of the following states: AL, GA, KS, MS, NC, SC, TN and TX.
Phone #	1-800-875-5595
Website	lifelinechild.org
Service(s) Offered	This organization provides: Confidential Support Personalized Adoption Plans- Open, Semi-Open, and Closed Adoptions. Pre and Post Placement Support Help Choosing the Perfect Parents Help Making All Necessary Arrangements
Requirements	None
Cost	Free
Servicios en Español	Se puede acomodar con anticipacion
CHILDCARE	
Agency Name	CHILD CARE RESOURCE CENTER
Address	500 West 4th Street, Suite 202, Winston-Salem, NC 27101
Phone #	336-245-4900
Website	childcareresourcecenter.org
Service(s) Offered	Child Care Resource Center is a non-profit child care resource and referral agency committed to providing consumer education, child care referrals, resources, and professional development opportunities to support quality child care.
Requirements	Parents looking for childcare. Call for more information.
Cost	Free
Servicios en Español	Se ofrecen servicios en Español.
Agency Name	IMPRINTS CARES
Address	711 Coliseum Plaza Court, Winston-Salem, NC 27106
Phone #	336-722-6296
Website	Imprintscares.org
Service(s) Offered	Imprints Cares is an early childhood education nonprofit that supports children and families from prenatal through middle school. Imprints Cares promotes positive parenting, improves social determinants of health, and enhances opportunities for children and their families.
Requirements	Referral Form is Required. Referral can be found on website.
Cost	Free
Servicios en Español	Se ofrecen servicios en Español.



Agency Name	SMART START OF FORSYTH COUNTY
Address	7820 North Point Boulevard, Suite 200, W-S, NC 27106
Phone #	336-725-6011
Website	https://smartstart-fc.org/
Service(s) Offered	Smart Start works to ensure that children, birth to five are prepared for success in school and life. Their services include a wide range of programs that all aid in fostering an environment of learning, growing, developing, and succeeding. Diaper Bank (Monday-Friday) 8am-5pm
Requirements	Must have a child ages 5 and under; birth certificate of baby, ID for Adult
Cost	Free
Servicios en Español	Se ofrecen servicios en Español.
Agency Name	FORSYTH COUNTY DEPARTMENT OF SOCIAL SERVICES (CHILDCARE PROGRAM)
Address	741 North Highland Ave.
Phone #	(336) 703-3800
Website	https://forsyth.cc/DSS/TEAM_daycare.aspx
Service(s) Offered	The Child Day Care service provides subsidized child day care for eligible families.
Requirements	Parent must be working or in job training and need assistance with caring for their children age birth through 12.
Cost	There is a cost. The parent's fee for care is based upon the number of family members and the gross family income.
Servicios en Español	Se ofrecen servicios en Español

CLOTHING	
Agency Name	CATHOLIC CHARITIES (WEE CARE SHOPPE)
Address	1612 14th St NE, Winston-Salem, NC 27105
Phone #	336-727-0705
Website	Ccdoc.org
Service(s) Offered	Baby clothes sizes Newborn to 2T and diapers any size, including pull-ups and wipes.
Requirements	Call to Schedule an appointment.
Cost	Free
Servicios en Español	Se ofrecen servicios en Español
Agency Name	DREAM CENTER OF FORSYTH COUNTY (REDRESS BOUTIQUE)
Address	3650 N Patterson Ave, Winston Salem, NC 27105
Phone #	336-744-3632
Website	Dreamcenterforsyth.com
Service(s) Offered	Redress provides gently used or new clothing items to families in Winston Salem and the surrounding communities.
Requirements	Any individual desiring assistance, regardless of income status.
Cost	Free
Servicios en Español	Se ofrecen servicios en Español.

Agency Name	DRESS FOR SUCCESS
Address	375 Buxton Street, Winston Salem, NC 27101
Phone #	336-970-0374
Website	Winstonsalem.dressforsuccess.org
Service(s) Offered	Women obtain what they need for an interview -from clothing to confidence- and can return once they find employment for the apparel and accessories needed to enter the workforce.
Requirements	Dress for Success serves women while job searching and in the first few weeks of employment. Once you've scheduled an interview for your new job, obtain a referral to visit your local Dress for Success boutique.
Cost	Free
Servicios en Español	Se ofrecen servicios en Español.
Agency Name	SUNNYSIDE MINISTRY
Address	319 Haled St, Winston Salem, NC 27127
Phone #	336-724-7558
Website	Sunnysideministry.org
Service(s) Offered	Clothing Assistance
Requirements	An individual may be interviewed for clothing once every 30 days and must bring the following information every time they come: A Photo ID <u>and</u> a current piece of mail to verify address.
Cost	Free
Servicios en Español	No se ofrecen servicios en Español.
Agency Name	WINSTON SALEM RESCUE MISSION (CLOTHING MINISTRY)
Address	710 N. Trade Street, Winston-Salem, NC 27101
Phone #	336-723-1848
Website	wsrescue.org/clothing-ministry/
Service(s) Offered	The Rescue Mission Thrift Store sells home & office furniture, mattresses and bedding, clothing, novelty items, appliances, and more.
Requirements	Client is required to provide two identification cards, one of which could be a current ID, a current utility bill or government letter that validates a proof of address. Client must also provide proof of identity for each individual living in home (ex. social security card, birth certificate), if they are also in need of clothing.
Cost	Free on WEDNESDAYS at 8:00am-9:30am. Outside of those hours there is a cost. Call for more information.
Servicios en Español	No se ofrecen servicios en Español.



DIAPERS & WIPES	
Agency Name	CATHOLIC CHARITIES (WEE CARE SHOPPE)
Address	1612 14th Street NE, PO Box 20185, Winston Salem, NC 27120
Phone #	336-727-0705
Website	Ccdoc.org/food-clothing
Service(s) Offered	The Wee Care Shoppe provides free diapers, wipes, and varied supplies to families and children in need. They carry diaper sizes Newborn to Size 6.
Requirements	Call to schedule an appointment for pickup.
Cost	Free
Servicios en Español	Se ofrecen servicios en Español.
Agency Name	DREAM CENTER OF FORSYTH COUNTY (OUTREACH ALLIANCE FOR BABIES)
Address	3650 N Patterson Ave, Winston Salem, NC 27105
Phone #	336-744-4004
Website	dreamcenterforsyth.com
Service(s) Offered	Each client receives a tote bag stocked with diapers, diaper wipes, wash cloths, baby wash, baby lotion, sleep and play sets, onesies, bibs, receiving blankets, etc.
Requirements	The client may either be in the last trimester of pregnancy or have an infant from newborn to three months of age.
Cost	Free
Servicios en Español	No se ofrecen servicios en Español.
Agency Name	NOVANT HEALTH TODAY'S WOMAN OB/GYN
Address	2001 Todays Woman Ave NW, Winston-Salem, NC 27105
Phone #	(336) 722-1818
Website	nhtodayswomanobgyn.org
Service(s) Offered	In partnership with The Diaper Bank of NC Today's Pediatrics invites you to come pick up Diapers/Pull Ups on Thursday's 9am-11am. Sizes range from: NB- size 5 (Limited size 6 and 2T-3T pull ups)
Requirements	Diapers and wipes are distributed on a first come first serve basis, per family, every two weeks. Call if you have any questions.
Cost	Free
Servicios en Español	Se ofrecen servicios en Español.
Agency Name	OPEN HANDS OF DAVIDSON COUNTY
Address	100 East First Street, Lexington, NC, 27292
Phone #	336-242-6142
Website	openhandsdavidsoncounty.org
Service(s) Offered	Clients receive 7-10 days worth once a month.
Requirements	Contact openhandsDC@gmail.com for questions or call to schedule a pickup.
Cost	Free
Servicios en Español	No

Agency Name	CLEMMONS FOOD PANTRY (DIAPER & WIPE DISTRIBUTION)
Address	2660 Neudorf Road. , Clemmons, NC 27012
Phone #	336-331-3432
Website	clemmonsfoodpantry.org
Service(s) Offered	Clemmons Food Pantry provides diapers and wipes to families in need.
Requirements	Call to schedule a pickup.
Cost	Free
Servicios en Español	No se ofrecen servicios en Espanol .

DOMESTIC VIOLENCE & ABUSE	
Agency Name	ANNIE'S HOPE – CENTER FOR GROWING & HEALING
Address	Located on a twenty-acre farm in the Piedmont region of North Carolina
Phone #	336-403-4224
Website	annieshopecenternc.org
Service(s) Offered	Annie's Hope Center for Growing and Healing provides safe housing and resources for female survivors of domestic violence. Services include a variety of 12-Step Programs (when appropriate), Mental Health Counseling, Yoga and meditation practices and classes offered on a weekly basis, Outdoor activities offered on a weekly basis, Healing Art Programs, Nutritional Counseling, Financial counseling, Healing Touch Therapy tailored to each resident's needs and Spiritual Counseling – based on each resident's beliefs.
Requirements	For female survivors of domestic violence Fill out an application for residency: annieshopecenternc.org/copy-of-volunteer
Cost	Free
Servicios en Español	No se ofrecen servicios en Español.
Agency Name	FAMILY SERVICES
Address	1200 South Broad Street, Winston Salem, NC 27101
Phone #	Phone: 336-722-8173 CRISIS LINES Domestic Violence: 336-723-8125 Sexual Assault: 336-722-4457
Website	Fsifamily.org
Service(s) Offered	Safe shelter for victims of domestic violence and their children, individual counseling and supportive services, 24-hour crisis response, court and hospital advocacy, assistance with protective orders at Safe on Seven and Electronic Protective Order System for victims of domestic violence in Forsyth County, safety planning, and referrals for medical, legal, housing, employment and financial assistance.
Requirements	Victims of domestic violence and children
Cost	Family Services accept Medicaid, many private insurance plans, and offer services on a sliding fee scale to individuals and families who live or work in Forsyth County.
Servicios en Español	Se ofrecen servicios en Español.

Agency Name	NEXT STEP MINISTRIES
Address	955 NC Highway 66 S, Kernesville, NC
Phone #	24 Hour Crisis Line 336-413-5858 Main Office: 336-413-7054
Website	nextstepdv.org
Service(s) Offered	Next Step Ministries provides refuge, advocacy, and education to survivors of domestic violence and the broader community. Next Step Ministries provides an emergency safe house here in Forsyth County for survivors of domestic violence and their children. Each individual will be assigned a caseworker to help assess needs, set priorities and goals, monitor progress goals, and locate resources.
Requirements	Women survivors of domestic violence and their children.
Cost	Free
Servicios en Español	Se ofrecen servicios en Español.
Agency Name	VICTIM ASSISTANCE UNIT - WINSTON-SALEM POLICE DEPARTMENT
Address	725 North Cherry Street, Winston-Salem, NC 27101
Phone #	336-773-7860 OR 336-773-7741
Website	www.cityofws.org/2109/Victim-Assistance
Service(s) Offered	The VAU works as intermediaries in finding financial assistance, counseling, providing safety planning, and assisting with any questions regarding the legal process, along with information on case status and updates. The VAU can assist with information regarding counseling referrals, crime victim compensation, Obtaining a restraining order, Temporary shelter and other concerns regarding domestic violence, abuse, or assault.
Requirements	Must be a victim of abuse or a crime, also includes family members of abuse.
Cost	Free
Servicios en Español	Se ofrecen servicios en Español.
Agency Name	ELIZA'S HELPING HANDS
Address	1225 East 5th Street Winston-Salem, NC 27101 (1st Floor of the Winston Mutual Building)
Phone #	336-865-0388
Website	elizashelpinghands.org
Service(s) Offered	Eliza's Hands offers victim services such as support groups, court advocacy, access to trauma focused counseling (including children) access to community resources, assistance with supervised visitation, district court mediation, preventive programs and self-care and self-esteem classes for men, women, and children.
Requirements	Must be affected by domestic violence, sexual assault, human trafficking, and other violent crimes.
Cost	Free
Servicios en Español	Se ofrecen servicios en Español. 336-671-0138



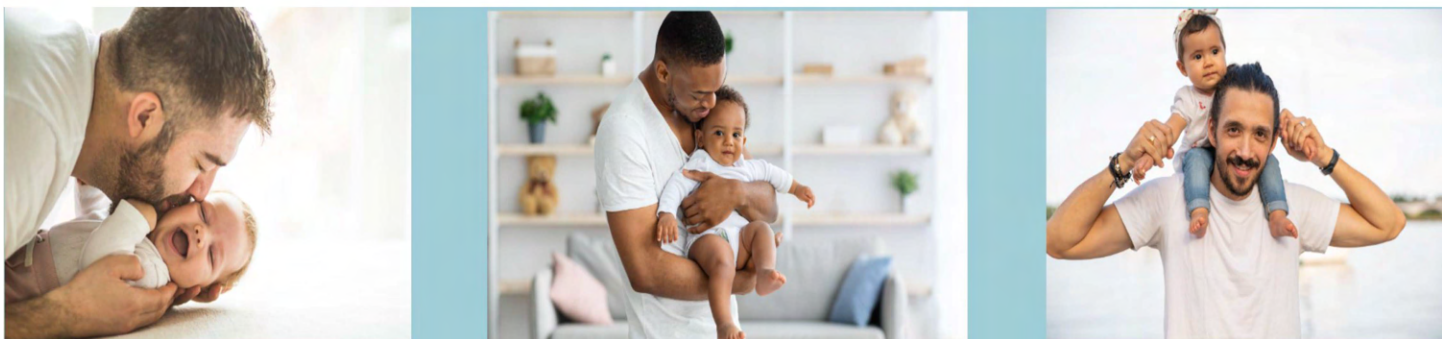
Agency Name	THE ELIZA SAFE HOUSE (THROUGH ELIZA'S HELPING HANDS)
Address	1225 East 5th Street Winston-Salem, NC 27101 (1st Floor of the Winston Mutual Building)
Phone #	336-865-0388
Website	elizashelpinghands.org
Service(s) Offered	Provides multiple bedrooms to keep families together and safe, a kitchen to prepare meals, and common areas to relax or attend counseling sessions.
Requirements	Must call to set up appointment for needs assessment and application.
Cost	Free
Servicios en Español	Se ofrecen servicios en Español. 336-831-7202
EDUCATION	
Agency Name	ACCESS CENTER - ADULT HIGH SCHOOL
Address	2701 University Parkway, Winston Salem, NC
Phone #	336-724-3621
Website	Accesshighschool.org
Service(s) Offered	The Access Center Adult High School is a partnership between Goodwill Industries of Northwest North Carolina and Forsyth Technical Community College that offers adult students the opportunity to earn their high school diploma as well as a career credential in a high demand career field, which will help to enhance employment opportunities upon graduation. Students will have the opportunity to pursue training in career fields such as nursing, medical coding and/or billing, culinary arts, welding, facilities maintenance, housekeeping, professional truck driving, office technology, forklift, and more. For more information email accesscenter@goodwillnwncc.org
Requirements	For adults students (18 and older). Candidates will be screened by the current admissions policies of Forsyth Technical Community College.
Cost	Free
Servicios en Español	Se ofrecen servicios en Español.
Agency Name	ESL CLASSES (FORSYTH TECH COMMUNITY COLLEGE)
Address	2100 Silas Creek Parkway, Winston-Salem, NC 27103
Phone #	336-734-7982
Website	www.forsythtech.edu/courses-programs/job-skills/college-career-readiness/english-as-a-second-language/
Service(s) Offered	Forsyth Tech offers English as a second language (ESL) classes. There are six levels in the program from low beginner to advanced. The program helps students to improve their English for everyday communication, work, and/or college.
Requirements	Must be 16 years of age or older. All registration will be in-person for classes. Regular attendance is required to remain in the program. Participant must be residing in the Winston-Salem area to take classes, including online classes.
Cost	Free
Servicios en Español	Se ofrecen servicios en Español. 336-757-3719



Agency Name	GOODWILL INDUSTRIES OF NORTHWEST N.C. – SKILLS TRAINING CLASSES
Address	2701 University Parkway, Winston Salem, NC 27105
Phone #	336-724-3621
Website	goodwillnwnc.org/train/skills-classes
Service(s) Offered	In partnership with community colleges, Goodwill offers skills training classes in fields such as introductory healthcare, office technology, and skilled trades. These classes are held at Goodwill's workforce development centers and are open to the public. To search for an upcoming class, please select a career field and/or a location from the website.
Requirements	Each field has different requirements. Visit the website for the requirements for each class and to know more about them.
Cost	There is a cost. Call for more information.
Servicios en Español	No se ofrecen servicios en Español.
Agency Name	LA LECHE LEAGUE
Address	Redeemer Presbyterian Church 1046 Miller St, Winston-Salem, NC 27103 (Park large parking lot left of building. Walk towards back building and up group stairs by playground. Enter 2nd door on right.)
Phone #	No phone number. You can contact Angie at LLLofWS@gmail.com
Website	www.lllofnc.org/groups/winstonsalem
Service(s) Offered	If you have questions about breastfeeding or just would like to meet other breast-feeding mothers, this is the meeting for you. Meetings are held on the 2nd Saturday of the month at 10:00am.
Requirements	Meetings are informal and are open to pregnant women, mothers, babies and children.
Cost	Free
Servicios en Español	Se ofrecen servicios en Español. Contacto: 336-971-0691
Agency Name	MATERNITY EDUCATION – NOVANT HEALTH
Address	Virtual Classes
Phone #	1- 855- 251- 8808
Website	novanthealth.org/home/services/womens-health/maternity-care/maternity-education.aspx
Service(s) Offered	Whether you're a first-time mother-to-be, expectant father or an experienced parent, education is an important part of a healthy pregnancy. Novant Health offers a variety of fun, informative and convenient classes that are open to the public. Classes include preparing for the baby, breastfeeding and feeding basics, and prenatal/postpartum classes. For more information about maternity services email: ChildbirthEducation@novanthealth.org
Requirements	Must be pregnant or the family/friend of an expecting parent. Must register for classes online or over the phone to participate.
Cost	There is a cost for some classes. Call for more information.
Servicios en Español	Se ofrecen servicios en Español.



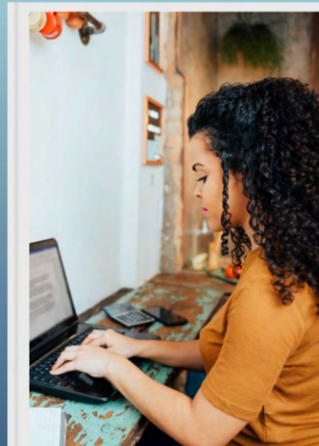
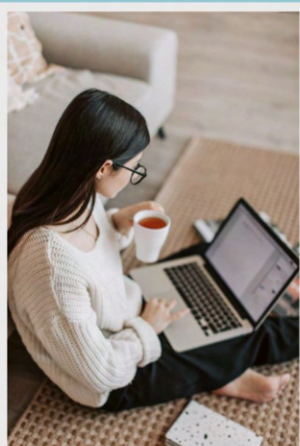
Agency Name	WINSTON SALEM STREET SCHOOL
Address	630 West 6th Street, Winston-Salem, NC 27101
Phone #	336-721-1110
Website	wsstreetschool.org
Service(s) Offered	The Winston Salem Street School (WSSS) is a private alternative high school serving individuals in the Greater Winston Salem area of North Carolina. It is designed to meet the needs of students who struggled in traditional schools due to academic or behavioral obstacles and adults who have not received their high school diploma.
Requirements	Students must provide the following to enroll: A Student Application (You can obtain one online or visit school office), A one-page essay stating personal goals you have for yourself and for your future, Transcripts from previous schooling, and an Immunization form (if not included with transcript). Once all of these items are received and space is available, a staff member will contact the student to schedule an interview and enroll for appropriate classes.
Cost	There is a cost. Call for more information.
Servicios en Español	No se ofrecen servicios en Español.
Agency Name	PARENT AIDE PROGRAM- THROUGH THE PARENTING PATH
Address	500 West Northwest Boulevard, Winston Salem, NC 27105
Phone #	336-748-9028
Website	parentingpath.org
Service(s) Offered	Offers parenting classes for problem solving, bonding, and skill building within the family.
Requirements	Open to families.
Cost	Free
Servicios en Español	Se puede acomodar con anticipacion
Agency Name	FATHERS ARE PARENTS TOO PROGRAM- THROUGH THE PARENTING PATH
Address	500 West Northwest Boulevard, Winston Salem, NC 27105
Phone #	336-748-9028
Website	parentingpath.org
Service(s) Offered	Parenting class for fathers of young children.
Requirements	Fathers
Cost	Free
Servicios en Español	No se ofrecen servicios en Español. Can get Spanish Interpreter



EMPLOYMENT	
Agency Name	CAROLINA PLACEMENT INC
Address	300 South Stratford Road, Winston-Salem, NC 27103
Phone #	336-794-2401
Website	carolinaplacementinc.com
Service(s) Offered	Carolina Placement Inc helps individuals that are looking for a job. Their professional services include: Application Verification, Candidate Sourcing, Coaching, Competency Analysis, Diversity Sourcing, Interview Preparation/Scheduling, Job Offers & Salary Negotiations, On-Boarding, Payrolling, Personality Assessments, Pre-Employment Testing, Pre-Hire Assessment, Pre-Hire Orientations, Reference Checks, Relocation Assistance, Resume Design & Development, and Skills Checklist/Evaluation.
Requirements	Fill out an online or in person application.
Cost	Free
Servicios en Español	Se ofrecen servicios en Español.
Agency Name	EDUCATIONAL CAREER CENTER (FORSYTH TECHNICAL COMMUNITY COLLEGE)
Address	1300 Bolton Street, Winston Salem, NC 27103
Phone #	336-757-3701
Website	forsythtech.edu/courses-programs/job-skills/college-career-readiness/educational-career-center
Service(s) Offered	If you are unemployed or underemployed, our Educational Career Center offers programs to help you find a job that fit your skills and talents, succeed in your work, and advance your career. The Educational Career Center can help you enhance and develop your job searching skills, determine if you need to improve your employability skills, help create or revise your resume, discuss and help develop your educational and career goals, and apply for scholarships for short-term training courses. Open in-person at Forsyth Tech's West Campus. Call to talk with an advisor.
Requirements	Anyone ages 16 and up, who is unemployed or underemployed.
Cost	There is a cost. Call for more information. Conversations over the phone with advisors are free of charge.
Servicios en Español	No se ofrecen servicios en Español.
Agency Name	DRESS FOR SUCCESS
Address	375 Buxton Street Winston-Salem, NC 27101
Phone #	336-970-0374
Website	https://winstonsalem.dressforsuccess.org/
Service(s) Offered	independent non-profit organization We provide each client with professional attire to secure employment. choose an interview outfit and will also provide guidance and support for the upcoming interview. overall mission of helping women journey towards self-sufficiency.
Requirements	Please call us at 336.970.0374 for appointment availability outside normal operating hours.
Cost	No fee
Servicios en Español	No se ofrecen servicios en Español.

Agency Name	EXPRESS EMPLOYMENT PROFESSIONALS
Address	3516 Suite B Vestmill Road Winston-Salem, NC 27103
Phone #	336-306-8525
Website	expresspros.com/winstonsalemnc
Service(s) Offered	Whether you're building a new career or looking for a short-term job to supplement your income, Express Employment Professional's offer the flexibility to find a job you will enjoy and you'll never pay a fee to Express for services and support.
Requirements	Fill out job applications online for jobs that you are interested in, prior to your interview. Just make sure to select the Winston-Salem, NC location as the office you're applying to. Email a copy of your résumé before your scheduled interview: Jobs.WinstonSalemNC@ExpressPros.com You will need the following items when you go in: I-9 Documents, a Resume, a list of at least 3 references, and the ability to pass a drug test.
Cost	Free
Servicios en Español	No se ofrecen servicios en Español.
Agency Name	GOODWILL CAREER CONNECTIONS CENTER
Address	2701 University Parkway, Winston-Salem, NC 27105
Phone #	336-724-3621
Website	goodwillnwnc.org/winston-salem-career-center
Service(s) Offered	Goodwill's Forsyth County Career Connections Centers provide comprehensive resources for unemployed and underemployed individuals in the community. The centers offer free one-on-one services to help job seekers secure employment including: Skills Assessments, In-person and Virtual Career Coaching, Resume and Cover Letter writing, and assistance with applications.
Requirements	Unemployed and underemployed individuals.
Cost	Free
Servicios en Español	No se ofrecen servicios en Español.
Agency Name	KELLY SERVICES
Address	2000 Frontis Plaza Blvd #100, Winston-Salem, NC 27103
Phone #	336-841-1515
Website	kellyservices.us
Service(s) Offered	Kelly Services is a job placement agency. They connect people with great jobs that fit their skills.
Requirements	None
Cost	Free
Servicios en Español	Se ofrecen servicios en Español.

Agency Name	N.C. DIVISION OF VOCATIONAL REHABILITATION SERVICES (DISABILITIES)
Address	2201 Brewer Rd, Winston-Salem, NC 27127
Phone #	336-968-3230
Website	ncdhhs.gov
Service(s) Offered	The Division of Vocational Rehabilitation Services (DVRS) helps people with disabilities achieve their goals for employment and independence. If you have a disability that prevents you from achieving career success or independence in the community of your choice, DVRS can connect you to services and resources to help you meet your goals.
Requirements	Individuals with disabilities looking for a job.
Cost	Free
Servicios en Español	No se ofrecen servicios en Español.
Agency Name	THE RESOURCE
Address	1292 S Stratford Rd, Winston-Salem, NC 27103
Phone #	336-896-1000
Website	theresource.com
Service(s) Offered	Helps individuals find a short-term job or a long-term career.
Requirements	Individuals 18 and up in need of employment. A basic application is required to be filled out online for all open positions.
Cost	Free
Servicios en Español	No se ofrecen servicios en Español.
Agency Name	DEBBIE'S STAFFING
Address	4431 Cherry St. Suite B, Winston-Salem, NC 27105
Phone #	336-776-1717
Website	debbiesstaffing.com
Service(s) Offered	Debbie's Staffing helps you find a job that you will love. Debbie's Staffing offers Employee Evaluation, Pre-Employment Screening and a skills assessment to put you into the correct job placement.
Requirements	Individuals 18 and up. You must also have a photo ID, the ability to pass a drug test, social security verification, employment verification (If applicable), and education verification (If applicable).
Cost	Free
Servicios en Español	Se puede acomodar con anticipacion



Agency Name	N.C. WORKS CAREER CENTER OF FORSYTH COUNTY
Address	2701 University Pkwy, Winston-Salem, NC 27105
Phone #	336-464-0520
Website	ncworks.gov
Service(s) Offered	Education Services: Find a suitable training or educational program, as well as information on training providers and schools.
Requirements	None
Cost	Free
Servicios en Español	No se ofrecen servicios en Español.
Agency Name	WINSTON SALEM RESCUE MISSION (RECOVERY PROGRAM FOR MEN)
Address	718 N. Trade Street, Winston-Salem, NC 27101
Phone #	336-723-1848
Website	wsrescue.org/recovery-programs
Service(s) Offered	The WS Rescue Mission provides free, high-quality substance abuse recovery programs to members of our community who otherwise would not be able to afford such services. LIFE BUILDERS: This 90-day residential program is focused on the physical, social, mental, emotional, and spiritual development of the residents. TRANSFORMERS: Through this long-term recovery program, residents are guided through a process of total life transformation involving physical, social, mental, emotional, and spiritual growth and development.
Requirements	For men in need of life change. Application required to be a participant in a program. Please e-mail programs@wsrescue.org or go to the website for an application. Once you have filled out the application and saved it, please email the application to the email address listed above.
Cost	Free
Servicios en Español	No se ofrecen servicios en Español.



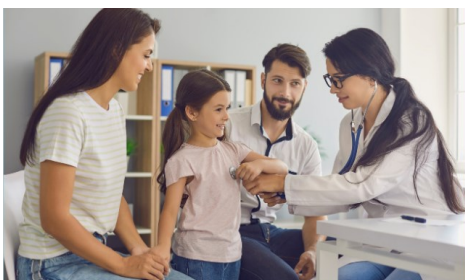
FAMILY SERVICES	
Agency Name	PROJECT RE-ENTRY (INMATES)
Address	2701 University Pkwy, Winston-Salem, NC 27105
Phone #	336-724-3625
Website	ptrc.org/services/criminal-justice/project-re-entry
Service(s) Offered	Project Re-entry's mission is to improve the reintegration of former offenders, reduce criminal justice costs, and increase public safety. Pre-Release services help prepare inmates for the challenges associated with transitioning from incarceration to post-release life. Post-Release services are available to justice involves individuals referred by NC Division of Community Corrections, local partner agencies, and former inmates released within 90 days from any prison facility, state or federal.
Requirements	Pre-Release: Inmates can request to be referred to the pre-release program by their DPS case manager (if in a participating prison facility). Once approved, the inmate will begin Project Re-entry pre-release programming at the next scheduled program cycle start date. Post-Release: Pre-release graduates have an appointment made prior to their release, if released to a designated post-release services county. Individuals who have been released from any local, state, or federal prison within the last 30 days contact staff in their county of residence to schedule an initial appointment. Referrals from partner agencies are initiated by staff from referring agency. Referrals and consultations from family members and friends contact staff in their county for assistance and guidance.
Cost	Free
Servicios en Español	No se ofrecen servicios en Español.
Agency Name	ABC of NC - AUTISM SUPPORT
Address	905 Friedberg Church Rd, Winston-Salem, NC 27127
Phone #	336-251-1180
Website	abcofnc.org
Service(s) Offered	ABC of NC is a non-profit dedicated to providing high-quality, evidence-based diagnostic, therapeutic, and educational services to people with autism spectrum disorder; ensuring service accessibility to individuals from any economic background; offering support and hope to families; and advocating for inclusion and acceptance.
Requirements	ADMISSION CRITERIA Students with Autism Spectrum Disorders Students with Typical Development APPLICATION FOR ADMISSION AND PRICING To apply for ABC of NC's programs and services, please complete the Service Request Form found in the website and contact <u>Leigh Ellen Spencer</u>, leighellen.spencer@abcofnc.org, client relations coordinator. Current pricing is available on the Service Request Form.
Cost	There is a cost. Call for more information.
Servicios en Español	Se puede acomodar con anticipacion

Agency Name	AIDS CARE SERVICE (HIV/AIDS)
Address	PO BOX 21373, Winston-Salem, NC 27120
Phone #	Administrative Office: 336-777-1376 Programs and Services: 336-777-1218
Website	aidscareservice.org
Service(s) Offered	ACS has been proactive in developing programs to address HIV/AIDS as a serious health disparity affecting those living in poverty in this region. Programs that are offered: Holly Haven Family Care Home , is an adult care facility providing round-the-clock residential services for persons suffering from advanced HIV disease with the goal of restoring residents to healthy, independent living. Housing program provides temporary/transitional shelter in special units while assisting with finding affordable permanent housing Medical Case Management works to help clients gain access to primary healthcare, links them to a broad range of health and social services, and educates and empowers clients to take an active role in maintaining their health. Positive Action Club peer groups are safe and confidential meetings led by professional facilitators sharing information, experience, and knowledge, while helping clients build mutually supportive emotional and social networks. Food Pantry , empowers low-income HIV+ households by allowing them to choose food and hygiene products monthly that will fit their diet and needs, as well as those of their families.
Requirements	Persons suffering from advanced HIV disease. Email support@aidscareservice.org for more information about the requirements for each program.
Cost	Free
Servicios en Español	Se ofrecen servicios en Español. Contacto: Alice Gaspard 336-725-7352
Agency Name	CITY LIGHTS MINISTRY
Address	1600 Williamson St., Winston Salem, NC 27107
Phone #	336-831-1003
Website	citylightsministry.org
Service(s) Offered	City Lights Ministry is focused on "Loving Others Where They Are" and building relationships along the way. City Lights serves the community with mobile trucks that go into the neighborhoods taking food, clothes, toys, beds and an early learning program, as well as an after school tutoring. City lights offeres a sidewalk bible school as well.
Requirements	All are welcome to the mobile truck, after school tutoring or the Sidewalk Bible school, City Lights doesn't discriminate any race, culture, sex, religion, economic status or beliefs.
Cost	Free
Servicios en Español	No se ofrecen servicios en Español.



Agency Name	EXPERIMENT IN SELF RELIANCE
Address	3480 Dominion Street NE, Winston-Salem, NC 27105
Phone #	(336) 722-9400
Website	eisr.org
Service(s) Offered	ESR's self-reliance programs meet clients where they are in their lives and provide education and resources to help them overcome obstacles to become self-reliant. Case managers at ESR offer counseling that addresses a wide variety of life circumstances, helping clients learn to recognize and make good choices as they are faced with difficulties (or windfalls!). Some programs currently offered include New Century IDA - which helps assist individuals and families in Forsyth County become more financially stable and build assets that will continue to grow in value become first-time homeowners , Forsyth Free Tax - Prepares basic tax returns each year during the tax season, Self-Sufficiency Program - Designed to help low-income working households to escape poverty, increase their standard of living and their social and economic self-reliance and The Empowerment Series - provides financial literacy sessions that fit your needs and schedule.
Requirements	ESR's programs are designed to serve low-income residents of Winston-Salem/Forsyth County. Clients must meet eligibility criteria (income level, housing situation, etc.). Clients must have a job or be in the process of obtaining one.
Cost	There is a cost to some programs. Call for more information.
Servicios en Español	Se ofrecen servicios en Español.
Agency Name	FAMILY SUPPORT NETWORK OF GREATER FORSYTH (SPECIAL NEEDS)
Address	4505 Shattalon Dr, Winston-Salem, NC 27106
Phone #	336-703-4289
Website	thecfec.org/familysupportnetwork
Service(s) Offered	As the primary outreach program of The Centers for Exceptional Children, Family Support Network of Greater Forsyth (FSN) is dedicated to strengthening families and enhancing the lives of children with special needs. With FSN, you get support, guidance and connections - in fact, you get a community.
Requirements	Must be a parent or guardian of a special needs child (Birth to age 21) in and around Forsyth County. FSN Referral Form needed. Anyone can make a referral to FSN. Complete the form online and someone from the team will contact the family. Before 28 Weeks pregnant
Cost	There is a cost and referral required.
Servicios en Español	Se ofrecen servicios en Español
Agency Name	HEALTHY BEGINNINGS
Address	799 North Highland Avenue, Winston-Salem, NC 27101
Phone #	336-703-3391
Website	co.forsyth.nc.us/publichealth/healthy_beginnings.aspx
Service(s) Offered	Healthy Beginnings is a free case management service that provides a support system for minority women in the community during their pregnancy and up to two years after delivery. Families will receive one-on-one care management through home visits and education on health topics through group educational sessions.
Requirements	Pregnant or less than 60 days postpartum and currently residing in Forsyth County.
Cost	Free
Servicios en Español	Se ofrecen servicios en Español.

Agency Name	NURSE FAMILY PARTNERSHIP
Address	799 Highland Avenue, Winston-Salem, NC 27101
Phone #	336-703-3185
Website	nursefamilypartnership.org
Service(s) Offered	Through weekly or twice a month home visit starting early in pregnancy until the baby is two years old, nurses support first time moms toward three goals: Improved pregnancy outcomes Improved child health and development Improved economic self-sufficiency of the family
Requirements	You may qualify for Nurse-Family Partnership if you: Are pregnant with your first baby. Live in Forsyth County. Are early in your pregnancy. Have an income that qualifies you for Medicaid or WIC.
Cost	Free and referral is required.
Servicios en Español	Se ofrecen servicios en Español.
Agency Name	PROJECT FAMILY (INCARCERATED PARENTS)
Address	2701 University Parkway, Winston Salem, NC 27105
Phone #	336-724-3625 ext. 1332
Website	Projectfamilync.org
Service(s) Offered	Project Family vision is to assist families impacted by incarceration. They offer case management, coaching, peer-directed personal development instruction, and vocational skills building to promote self sufficiency.
Requirements	Referral form is needed and can be found on the website. Project Family services are currently only available in Forsyth County. For more information contact Tonja Fultz tfultz@goodwillnwnc.org .
Cost	Free and referral required.
Servicios en Español	No se ofrecen servicios en Español.
Agency Name	FORSYTH TECH CARES
Address	2100 Silas Creek Pkwy, Winston-Salem, NC 27103
Phone #	336-734-7195
Website	https://www.forsythtech.edu/covid-19/forsyth-tech-cares/
Service(s) Offered	Forsyth Tech Cares is a comprehensive approach for connecting students, staff and faculty to the resources and support services they need. We will be able to provide critical support by answering questions, connecting them to emergency financial assistance, and making sure they are doing okay mentally and emotionally.
Requirements	Must be a student, staff or faculty of Forsyth Tech.
Cost	Free
Servicios en Español	No se ofrecen servicios en Español.



Agency Name	AMOS COTTAGE
Address	3325 Silas Creek Pkwy, Winston-Salem, NC 27103
Phone #	336-713-4500 extensión 3-2-6
Website	https://www.wakehealth.edu/locations/clinics/b/brenner-fit-amos-cottage
Service(s) Offered	Amos Cottage offers a variety of services from mental health care, medications for mental health, and mental health evaluations. Day Treatment Program Services provide mental health treatment to children ages three to seven who are experiencing repeated failure in their current classroom and home settings due to the inability to self regulate their behavior. CDSA Infant Toddler Program early childhood intervention and specialized therapy. This may include testing/assessment in Audiology, Psychology, Social work, Physical, occupational and speech therapies, Nutrition Overall developmental testing. One-on-one support for families with children age 36 months and under that are showing signs of developmental delay or who have a diagnosed mental or physical condition that has a high probability of resulting in developmental delay. The program is part of the Department of Developmental and Behavioral Pediatrics of Wake Forest Baptist Health.
Requirements	Children up to 36 months of age in need for developmental, therapeutic, or educational intervention. Children three to seven years old; Day Treatment Developmental delay Established conditions
Cost	There is a cost. Call for more information; Service Coordination is at No Cost to Families; Costs for therapy services are based on a sliding fee scale unless medicaid
Servicios en Español	Se puede acomodar con anticipacion
Agency Name	SOLUTIONS FOR INDEPENDENCE (DISABILITIES)
Address	7744 North Point Blvd, Winston-Salem, NC 27106
Phone #	336-767-7060
Website	sicilnc.org
Service(s) Offered	Solutions for Independence's (SFI) mission is to support the Independence of people with disabilities through consumer empowerment and community education. SFI offers services like advocacy, Independent living skills training, peer support and many more disability—friendly educational programs and classes.
Requirements	Must be disabled and a resident of the Piedmont Triad Area including Davidson, Davie, Forsyth, Stokes, Surrey, and Yadkin County.
Cost	Free
Servicios en Español	No se ofrecen servicios en Español.

Agency Name	CHILDREN'S HOME SOCIETY OF NC
Address	100 Northgate Park Dr, Winston-Salem, NC 27106
Phone #	800-632-1400
Website	chsnc.org
Service(s) Offered	Children's Home Society (CHS) is dedicated to providing top-quality, evidence-based programs and services to children and families throughout North Carolina. Direct services includes Comprehensive Assessments, Service Planning & Implementation, Family & Individual Counseling, Parenting Skills Training, Life Skills Training, Budgeting, Home Maker Skill Development, Problem Solving & Conflict Resolution Skill Development, Advocacy, and Emergency Financial Assistance.
Requirements	None
Cost	Free
Servicios en Español	No se ofrecen servicios en Español.
Agency Name	SHELTER OUR SISTERS
Address	Po Box 12823, Winston Salem, NC 27117
Phone #	336-354-6731
Website	https://www.sosforsyth.com/
Service(s) Offered	Shelter Our Sisters Forsyth offers services and programs to low- income women and their families in Forsyth County. Notably, they have a mentorship program called Sister, Sister, life-skills training, financial literacy workshops, addiction recovery referrals, clothing bank, educational services, spiritual guidance, and women's retreats. For pregnancy and infancy care, they have "welcome baby" gift baskets for new mothers, a diaper bank, transportation for essential needs, and child care services referrals.
Requirements	For questions and inquiries please email the following: shelteroursister.forsyth@gmail.com
Cost	Most services are Free. Call for more information.
Servicios en Español	No se ofrecen servicios en Español.
Agency Name	CARE MANAGEMENT FOR HIGH-RISK PREGNANCY (CMHRP PROGRAM THROUGH THE HEALTH DEPARTMENT)
Address	799 North Highland Avenue, Winston Salem, NC 27101
Phone #	336-703-3243
Website	https://medicaid.ncdhhs.gov/care-management/care-management-high-risk-pregnancies-cmhrp
Service(s) Offered	Care Management for High Risk Pregnancies (CMHRP), previously Pregnancy Care Management, is a statewide Medicaid program in North Carolina promoting healthy mothers and healthy babies. This program provides care management services by a social worker or registered nurse for high risk women during pregnancy and for two months after delivery.
Requirements	If you have certain conditions you may qualify for Pregnancy Care Management services. Some examples include: History of pre-term birth, History of low birth weights, Multiple gestations, Fetal complications, Chronic conditions that may complicate pregnancy, and Tobacco or substance abuse.
Cost	Free
Servicios en Español	Se puede acomodar con anticipacion

Agency Name	THE CARE MANAGEMENT FOR AT-RISK CHILDREN (CMARC PROGRAM THROUGH THE HEALTH DEPARTMENT)
Address	799 North Highland Avenue, Winston Salem, NC 27101
Phone #	336-703-3242
Website	https://medicaid.ncdhhs.gov/care-management/care-management-risk-children-cmarc
Service(s) Offered	The Medicaid program currently offers a set of care management services for at-risk children ages zero-to-five. The program coordinates services between health care providers, community programs and supports and family support programs.
Requirements	Must have or know of a child who is at-risk ages 0-5 years old.
Cost	Free
Servicios en Español	No se ofrecen servicios en Español.
Agency Name	CRIBS FOR KIDS (PROGRAM THROUGH THE HEALTH DEPARTMENT)
Address	799 Highland Avenue, Winston Salem, NC 27101
Phone #	336-703-3206
Website	Cribsforkids.org
Service(s) Offered	The mission of Cribs for Kids® is to prevent infant sleep-related deaths by educating parents and caregivers on the importance of practicing safe sleep for their babies and by providing portable cribs to families who, otherwise, cannot afford a safe place for their babies to sleep.
Requirements	Referral recommended; must not have previously received a crib from our program; must be a resident of Forsyth County, NC; must be unable to afford a safe sleep space on their own.
Cost	Free
Servicios en Español	Se ofrecen servicios en Español.
Agency Name	HEALTHY START TRIAD BABY LOVE PLUS (PROGRAM THROUGH THE HEALTH DEPARTMENT)
Address	799 North Highland Avenue, Winston-Salem, NC 27101
Phone #	336-703-3189
Website	https://www.forsyth.cc/PublicHealth/baby_love_plus.aspx
Service(s) Offered	Triad Baby Love Plus provides: Intensive outreach to connect women of childbearing age and their infants with prenatal and family health services, Case management services for up to 18 months after birth, Health education and training for program participants, Fatherhood/Male Involvement Program, Pre-pregnancy planning, and monitoring child social, emotional, and other developmental needs.
Requirements	Women who are residents of Forsyth County and are 15-44 years old, Children less than 18 months old and fathers or male partners.
Cost	Free
Servicios en Español	Se ofrecen servicios en Español.



Agency Name	ON WINGS LIKE A DOVE (FOR INMATES)
Address	455 South Church St, Winston-Salem, NC 27101
Phone #	336-829-5060
Website	onwingslikeadove.com
Service(s) Offered	The On Wings Like A Dove Team provides biblical guidance and emotional support to the families of prodigals and prisoners. Their services include transitional housing to ex-offenders at the time of their release from prison, as part of a 12-month closely managed faith-based program to enable qualified residential participants to gain life skills, employment opportunity, confidence, and community.
Requirements	Must be or the family of a convict or ex-convict.
Cost	Free
Servicios en Español	No se ofrecen servicios en Español.



FINANCIAL	
Agency Name	CRISIS CONTROL MINISTRY
Address	200 10th St E., Winston Salem, NC 27101
Phone #	336-724-7453
Website	Crisiscontrol.org
Service(s) Offered	Crisis Control provides emergency assistance to residents of Forsyth County who have a crisis and need rent/mortgage, utilities, food, or medication assistance. Crisis control also provide medication and food assistance to residents of Stokes County.
Requirements	Services are provided on a first-come, first-served basis. Go prepared with information in printed form to show why you are in a financial crisis (the needed information can be found online). Crisis Control Ministry is conducting phone interviews for assistance.
Cost	Free
Servicios en Español	Se ofrecen servicios en Español. Contacto: 336-724-7875 ext 1068
Agency Name	FINANCIAL PATHWAYS OF THE PIEDMONT
Address	7820 North Point Blvd #100, Winston-Salem, NC 27106
Phone #	336-896-1191
Website	financialpaths.org
Service(s) Offered	Consumer financial counseling is a service offered primarily by nonprofit agencies to help consumers resolve issues related to credit, debt, budgeting, foreclosure, home-ownership and other finances. The majority of services are provided at low or no cost to clients. Financial Pathways may waive some fees in cases of hardship.
Requirements	For people of all ages that want to manage their personal finances, plan for their financial future, and promote overall financial wellbeing.
Cost	There is a cost. Call for more information.
Servicios en Español	Se ofrecen servicios en Español.

Agency Name	GREENEST
Address	630 Brookstown Avenue, Winston-Salem, NC 27101
Phone #	336-661-8091
Website	greenestws.org
Service(s) Offered	Greenest provides household furnishings to individuals and families transitioning to sustainable housing. For a nominal fee, participants, accompanied by caseworkers from various partner agencies, will choose donated items that best suit their needs and preferences, thus providing dignity and prioritization skills.
Requirements	Anyone in dire need of furniture in a transitional point of thier life. Referral Required.
Cost	There is a cost. Call for more information.
Servicios en Español	No se ofrecen servicios en Español.
Agency Name	SUNNYSIDE MINISTRY
Address	319 Haled St, Winston Salem, NC 27127
Phone #	336-724-7558
Website	Sunnysideminsty.org
Service(s) Offered	Sunnyside Ministry provides financial assistance to qualifying clients for: Housing, utilities and heating fuel.
Requirements	Any client in need of financial assistance. Client must bring the following information every time they go: Social Security or ITN Card, Picture ID, A current piece of mail to verify address, Proof of the crisis that caused you not to be able to pay your own bill, and Documentation for the last 30 days of household income and receipts for bills that were paid (can use a bank statement).
Cost	Free
Servicios en Español	No se ofrecen servicios en Español.
Agency Name	COOPERATIVE COMMUNITY MINISTRY
Address	10 W Guilford St, Thomasville, NC 27360
Phone #	336-476-1842
Website	ccmtville.org
Service(s) Offered	Cooperative Community Ministry provides financial help available for rent, utilities and deposits to those that qualify.
Requirements	Anyone in need of financial assistance. Documentation required to qualify for financial assistance: Photo ID / Driver's License, piece of current mail, proof of household income, receipts for major expenses for last 30 days and a bill that needs payment. Residents of Davidson County.
Cost	Free
Servicios en Español	No se ofrecen servicios en Español.



Agency Name	POSITIVE WELLNESS ALLIANCE
Address	704 Brookstown Ave, Winston-Salem, NC 27101
Phone #	336-722-0976
Website	positivewellnessalliance.org
Service(s) Offered	Positive Wellness Alliance can provide emergency financial relief to help with rent, utilities, medication, nutrition, transportation to medical appointments, and other essential needs. Clients must maintain regular contact with medical providers for us to assist.
Requirements	Must be you or someone you know diagnosed with HIV/AIDS to receive assistance. Eligibility for these services is determined by agency guidelines as well.
Cost	Free
Servicios en Español	Se ofrecen servicios en Español.
FOOD	
Agency Name	CATHOLIC CHARITIES
Address	1612 14th St NE, Winston-Salem, NC 27105
Phone #	336-727-0705
Website	Ccdoc.org
Service(s) Offered	Offers a food pantry with non-perishable food, bread, and produce. Offers 2 - 3 weeks worth of food every 30 days.
Requirements	Call to schedule an appointment.
Cost	Free
Servicios en Español	Se ofrecen servicios en Español.
Agency Name	CRISIS CONTROL MINISTRY
Address	200 10th St E., Winston Salem, NC 27101
Phone #	336-724-7453
Website	Crisiscontrol.org
Service(s) Offered	Offers a food pantry with produce, meat, dairy, eggs, canned food, and toiletries.
Requirements	Meet income limits set by crisis control.
Cost	Free
Servicios en Español	Se ofrecen servicios en Español. Contacto: 336-724-7875



Agency Name	DREAM CENTER OF FORSYTH COUNTY- CARE & SHARE FOOD PANTRY
Address	3650 Patterson Avenue, Winston Salem, NC 27105
Phone #	336-744-4004
Website	dreamcenterforsyth.com
Service(s) Offered	Offers a food pantry with non-perishable items to both individuals and families, regardless of income or employment status. The food distribution is limited to once per family every 30 days.
Requirements	Anyone. Call for available pickup times. The Dream Center does require a Second Harvest Food Bank (SHFB) card to receive items. To receive a SHFB card, please have a picture ID for all adults in the household and address verification for all member sof the household.
Cost	Free
Servicios en Español	Se ofrecen servicios en Español.
Agency Name	FOOD AND NUTRITION SERVICES- FOOD STAMPS
Address	741 Highland Ave, Winston-Salem, NC 27101
Phone #	336-703-3800
Website	ncdhhs.gov/divisions/child-and-family-well-being/food-and-nutrition-services-food-stamps
Service(s) Offered	The Food and Nutrition Services program provides monthly benefits, meant to supplement the food budget of low income families. The monthly benefits go on an EBT card to help buy food. Benefit amount varies based on income and household size. Most grocery stores, farmers markets, and convenience stores accept EBT cards.
Requirements	DSS requires proof of household income, monthly expenses, and the names and Social Security numbers for everyone in the household. You can apply in-person, online, or fill out a paper application and turn it into your local DSS office.
Cost	Free
Servicios en Español	Se ofrecen servicios en Español.
Agency Name	HOPE COMMUNITY CHURCH
Address	4660 Brownsboro Rd, Winston-Salem, NC 27106
Phone #	336-896-0002
Website	hopecommunitychurch.tv
Service(s) Offered	Hope Community Church's food box every Saturday from 11am to 12pm.
Requirements	None
Cost	Free
Servicios en Español	No se ofrecen servicios en Español.
Agency Name	H.O.P.E. OF WINSTON SALEM
Address	355 NW Crawford Place, Winston Salem, NC 27105
Phone #	336-750-7964
Website	hopews.org
Service(s) Offered	Offers a mobile food pantry and soup kitchen on fixed routes in Winston-Salem.
Requirements	None. Call or visit website for distribution information.
Cost	Free
Servicios en Español	No se ofrecen servicios en Español.

Agency Name	SAMARITAN MINISTRIES (SOUP KITCHEN)
Address	414 E. Northwest Blvd., Winston-Salem, NC 27105
Phone #	336-748-1962
Website	samaritanforsyth.org/soup-kitchen
Service(s) Offered	Samaritan regularly serves lunch to 300-400 guests every day. The Soup Kitchen is open to men, women and children who want a hot meal, with no questions asked.
Requirements	None
Cost	Free
Servicios en Español	No se ofrecen servicios en Español.
Agency Name	SECOND HARVEST FOOD BANK OF NWNC
Address	3330 Shorefair Drive Winston-Salem, NC 27105
Phone #	336-784-5770
Website	secondharvestnwn.org
Service(s) Offered	Offers pop-up drive-thru food pantries at different locations. Check website for current pop-up date, time, and location.
Requirements	None
Cost	Free
Servicios en Español	No se ofrecen servicios en Español.
Agency Name	CLEMMONS FOOD PANTRY
Address	2660 Neudorf Road, Clemmons, NC 27012
Phone #	336-331-3432
Website	clemmonsfoodpantry.org
Service(s) Offered	Offers a food pantry with canned and dry goods, fresh produce, and frozen meats.
Requirements	Anyone. Provide basic demographic and income information to register at the agency at time of first visit. Clients select their own groceries from in our no-cost market. After establishing registration, clients can order groceries online to pick up in their vehicle on a designated day.
Cost	Free
Servicios en Español	No se ofrecen servicios en Espanol.
Agency Name	BELOVED COMMUNITY FOOD PANTRY
Address	3205 South Main Street, Winston Salem, NC 27127
Phone #	336-893-5677
Website	belovedws.org
Service(s) Offered	Offers a Food Pantry– open to the public.
Requirements	None
Cost	Free
Servicios en Español	Se ofrecen servicios en Espanol.



Agency Name	WINSTON SALEM RESCUE MISSION- CLIENT CHOICE FOOD PANTRY
Address	Downtown Winston-Salem – 710 N. Trade Street, Winston-Salem, NC 27101 The Client Choice Food Pantry is open on Tuesdays at 9:00 am and Fridays at 1:00 pm. Oaklawn Baptist Church – 3500 Kernersville Rd, Winston-Salem, NC 27107 The Mobile Food Pantry is open every Friday at 9:00 am.
Phone #	336-723-1848
Website	wsrescue.org/client-choice-food-pantry
Service(s) Offered	Offers a food pantry with canned and dry goods. Clients are given a cart and the ability to pick out their own food.
Requirements	Open to all. Must provide a Photo ID, Social Security card for everyone receiving food, and proof of address.
Cost	Free
Servicios en Español	No se ofrecen servicios en Español.
Agency Name	WIC PROGRAM
Address	799 Highland Ave., Winston-Salem, NC 27101
Phone #	336-703-3336
Website	ncdhhs.gov/wic-special-supplemental-nutrition-program-women-infants-and-children
Service(s) Offered	WIC is the Special Supplemental Nutrition Program for Women, Infants and Children that provides healthy food and health care support.
Requirements	Must be a pregnant woman, a breastfeeding women who have had a baby in the last 12 months, Women who have had a baby in the last 6 months, children up to 5 years of age or an infant. Participants must also meet income guidelines and those who are already receiving Medicaid or food stamps already meets the requirements to receive WIC.
Cost	Free
Servicios en Español	Se ofrecen servicios en Español.
Agency Name	ARDMORE UMC
Address	630 South Hawthorne Road., Winston-Salem, NC 27103
Phone #	336-723-3695
Website	ardmoreumc.org/our-fathers-table
Service(s) Offered	Ardmore UMC's food pantry is open on the first and third Thursday of each month from 5:30pm to 7:00 pm. When you arrive, please enter through the Chapel to be checked in and directed toward groceries.
Requirements	Anyone can access this program.
Cost	Free
Servicios en Español	No se ofrecen servicios en Español.
Agency Name	SALVATION ARMY FOOD ASSISTANCE
Address	1255 North Trade Street, Winston Salem, NC 27101
Phone #	336-723-6366
Website	southernusa.salvationarmy.org/winston-salem/hunger
Service(s) Offered	Financial Assistance and Shelter
Requirements	Available to anyone with a Photo ID once a week.
Cost	Free
Servicios en Español	No se ofrecen servicios en Español.

Agency Name	LOVE COMMUNITY DEVELOPMENT CORPORATION
Address	3980 North Liberty Street, Winston Salem, NC 27105
Phone #	336-306-8119
Website	https://volunteer.handsonnwncc.org/agency/detail/?agency_id=102682
Service(s) Offered	Offers a food pantry.
Requirements	Anyone. Must provide Photo ID, proof of income, proof of address, Social Security card, birth certificate, or Medicaid card for everyone in the household to receive items.
Cost	Free
Servicios en Español	No se ofrecen servicios en Español.
HOUSING	
Agency Name	BETHESDA CENTER FOR THE HOMELESS
Address	930 North Patterson Ave, Winston Salem, NC 27101
Phone #	336-722-9951
Website	bethesdacenter.org
Service(s) Offered	Bethesda Center operates a day shelter and emergency night shelter for homeless men and women in Winston-Salem and Forsyth County.
Requirements	Men and women, age 18 and over, experiencing homelessness.
Cost	Free
Servicios en Español	No se ofrecen servicios en Español.
Agency Name	CITY WITH DWELLINGS
Address	502 N Broad St, Winston-Salem, NC 27101
Phone #	336-790-9766
Website	citywithdwellings.org
Service(s) Offered	Offers community referrals for shelter and also has two current programs for Shelter Housing called White Flag Shelter and Housing Huddle, for those experiencing homelessness. City with Dwellings also helps with applying for housing vouchers and housing applications.
Requirements	People experiencing homelessness.
Cost	Free
Servicios en Español	No se ofrecen servicios en Español.
Agency Name	FALCON CHILDREN'S HOME AND FAMILY SERVICES
Address	7569 North West St., Falcon, NC 28342
Phone #	910-980-1065
Website	falconchildrenshome.org
Service(s) Offered	Royal Home Ministries: Royal Home Ministries offers counseling and education opportunities for teen pregnant mothers in a nurturing, protected atmosphere. Residential Care: Falcon Children's Home and Family Services has 13 cottages on the campus that can hold up to 12 residents and trauma informed house parents on each hall. The residential program at Falcon Children's Home and Family Services is designed and licensed to care for children from birth to 21 years old in a safe and nurturing environment to develop and heal.
Requirements	Expecting Mothers For mothers and children under the age of 21.
Cost	Free
Servicios en Español	Se ofrecen servicios en Español.

Agency Name	HOUSING AUTHORITY- HOUSING CHOICE VOUCHER PROGRAM
Address	500 West Fourth Street, Winston Salem, NC 27101
Phone #	336-727-8500
Website	haws.org/housing-choice-voucher
Service(s) Offered	Offers vouchers for approved Section 8 properties. Vouchers can also offer financial help with rent.
Requirements	Meet income limits and complete a background check after applying. Application required and can be found in-office or online.
Cost	There is a cost. Call for more information.
Servicios en Español	Se ofrecen servicios en Español.
Agency Name	HOUSING AUTHORITY- PUBLIC/SUBSIDIZED HOUSING
Address	500 West Fourth Street, Winston Salem, NC 27101
Phone #	336-727-8500
Website	haws.org/public-housing
Service(s) Offered	Offers rental properties with rent based on income.
Requirements	Meet income limits and complete a background check.
Cost	No cost to apply. Rent is based on income.
Servicios en Español	Se ofrecen servicios en Español.
Agency Name	THE SHEPARD'S HOUSE
Address	246 Spring Street., Mount Airy, NC 27030
Phone #	336-786-1420
Website	shepherdshousema.org
Service(s) Offered	The Shepherd's House homeless shelter is dedicated to ending family homelessness by providing caring support, education, and innovative programs designed to empower families to achieve self-sufficiency. The Shepherd's House offers emergency shelter, confidential crisis counseling, information & referrals to community resources, food & clothing (in-house), case management (in-house), and other services.
Requirements	None
Cost	Free
Servicios en Español	No se ofrecen servicios en Español.
Agency Name	LIFE CENTER TROUTMAN
Address	122 Frazier Loop, Barium Springs, NC 28677
Phone #	704-380-4376
Website	lifecentertroutman.org
Service(s) Offered	Offers transitional housing for moms in hard situations or experiencing homelessness.
Requirements	Must be a mother and application is required. Application requests must be made through a phone call to ensure there is capacity.
Cost	Free
Servicios en Español	No se ofrecen servicios en Español.

Agency Name	BAPTIST CHILDREN'S HOME- MILLS HOUSE IN THOMASVILLE
Address	515 Blackwell Blvd Thomasville, NC 27360
Phone #	336-474-1200
Website	bchfamily.org/mills-home
Service(s) Offered	The Mills Home is a transitional housing program for hard-working single mothers and their children. The program provides a goal-focused living environment within a cottage setting. BCH is specifically structured to help mothers transition to a successful, independent living situation. Baptist Children's Homes' counselor and live-in residential manager assist the mother in setting and achieving family goals, developing parenting and job skills, budgeting, and resolving transportation needs. Mothers are responsible to pay a monthly \$60 program fee after their first month of residence. If outside employment has not been obtained after one month from date of placement, the client will volunteer 10 hours per week on the Baptist Children's Homes campus; 10 of these hours will be applied toward the monthly fee.
Requirements	Must be a single mother. Application required.
Cost	There is a cost. Call for more information.
Servicios en Español	No se ofrecen servicios en Español.
Agency Name	OPEN DOOR MINISTRIES MEN'S SHELTER
Address	400 N. Centennial Street, High Point, NC 27261
Phone #	336-885-0191
Website	opendoorministrieshp.org
Service(s) Offered	The Men's Shelter program at Open Door Ministries is a facility designed to house adult homeless men on a temporary basis. The shelter offers 66 beds for the general populations, and ten beds for treatment program and six beds in the overflow dormitory. Those in the program benefit from a variety of programs at Open Door Ministries such as the Fathers Table, Arthur Cassell Transitional House and the Education and Job Readiness Program.
Requirements	Must be male, at least 18 years of age and can be a sex offender.
Cost	Free
Servicios en Español	No se ofrecen servicios en Español.
Agency Name	ROOM AT THE INN - MATERNITY HOUSING
Address	734 Park Avenue., Greensboro, NC 27405
Phone #	336-275-9566
Website	roominn.org
Service(s) Offered	Room At The Inn operates a Supported Community Living Program in our Amy Elizabeth Disney House located in Greensboro, NC, The Backyard Ministries House of the Cherry Street United Methodist Church in Kernersville, NC, and The Mary Nussbaum Maternity Home.
Requirements	Must be a woman (18+) who is at least 14 weeks pregnant, Must have a proof of pregnancy, must be a resident of North Carolina and must not have a severe psychiatric history. Existing children are also eligible for housing. Application required and can be found on website.
Cost	Free
Servicios en Español	No se ofrecen servicios en Español.

Agency Name	NEW START HOMES PROGRAM (MATERNITY GROUP HOME FOR TEENS)
Address	1008 Brookstown Ave. STE C2
Phone #	704-3138347
Website	info@newstarthomesprogram.com
Service(s) Offered	Help young women achieve success and guide them towards Independent Living. We offer housing, nutritious food, maternity clothing, and weekly counseling for both the young mom and the father of the baby, along with their families. Our comprehensive program includes classes on Prenatal Care, Labor & Delivery, Parenting, Adoption, Bringing Home Baby, First Aid, Financial Planning, and more. Non-Residential Program, benefit greatly by participating in classes covering essential topics similar to our Maternity Home. Our on-staff Counselor provides individual sessions for the young woman, as well as counseling for the father of the baby and family members as needed.
Requirements	Call for more information
Cost	Free
Servicios en Español	No se ofrecen servicios en Español.
Agency Name	SAMARITAN MINISTRIES- PROJECT CORNERSTONE FOR MEN
Address	414 E. Northwest Blvd., Winston-Salem, NC 27105
Phone #	336-748-1962
Website	samaritanforsyth.org/project-cornerstone
Service(s) Offered	Residential long-term recovery program for former substance abusers. Men live at Samaritan while overcoming addictions, developing job and life skills and work toward becoming self-sufficient. Since its beginnings, the program has served over 150 men. Up to ten men are admitted to the program at a time, with an average stay of 13 to 18 months.
Requirements	Must be a male and battling a substance abuse concern.
Cost	Free
Servicios en Español	No se ofrecen servicios en Español.
Agency Name	MIRAVIA MATERNITY HOUSING
Address	810 Tyvola Road, Suite 100, Charlotte, North Carolina 28217
Phone #	704-602-4806
Website	miravia.org/college-residence
Service(s) Offered	MiraVia's state-of-the-art College Residence is a place where pregnant college students can live and learn with each other. Expectant students from any college or university are welcome to stay at our residential facility up until their child turns two years old while they pursue their academic and personal goals.
Requirements	Must be 18 years of age or older, enrolled in a higher education program, have or begin a part-time job, must be pregnant, no history of drug abuse or mental illness, clear criminal background check, must have own transportation and must successfully complete application and interview process.
Cost	Free
Servicios en Español	No se ofrecen servicios en Español.

HUMAN TRAFFICKING	
Agency Name	HOPE FOR JUSTICE- (FORMERLY KNOW AS LILY PAD HAVEN)
Address	5009 Beatties Ford Road, Charlotte, NC 28216
Phone #	615-356-0946
Website	hopeforjustice.org
Service(s) Offered	Works to end human trafficking and slavery. Offers services for victims of human trafficking, such as case management and counseling.
Requirements	Must be you or someone you know who has been a victim of human trafficking, sex trafficking, or victim of modern slavery.
Cost	Free
Servicios en Español	Se ofrecen servicios en Español.
Agency Name	ON EAGLES WINGS
Address	PO Box 956, Concord, NC 28026-0956
Phone #	877-647-1230
Website	oewhope.org
Service(s) Offered	On Eagles Wings works to prevent child sex trafficking. Offers support services to youth who have been sex trafficked. Also offers a faith-based long-term shelter program. Residents are offered education, health care, therapy, and more.
Requirements	Female domestic victims of sex trafficking. An application and referral are needed for quick enrollment. Both can be found on website.
Cost	Free
Servicios en Español	No se ofrecen servicios en Español.
Agency Name	THE SALVATION ARMY (Project FIGHT)
Address	Throughout North Carolina- Online
Phone #	888-373-7888
Website	salvationarmycarolinas.org/projectfight
Service(s) Offered	Project FIGHT serves all populations of human trafficking. Our mission is to identify and serve victims and survivors of human trafficking in North & South Carolina. After meeting the immediate needs of human trafficking survivors and helping them to find stable footing, we help connect them to a network of agencies and services including medical, mental health, legal, housing, and other services they may require. All the while, we are walking beside them helping them along the path to restoration, fighting for them every step of the way.
Requirements	None
Cost	Free
Servicios en Español	No se ofrecen servicios en Español.



IMMIGRATION/ SPANISH SERVICES	
Agency Name	CASTILLO IMMIGRATION LAW FIRM
Address	2200 Silas Creek Pkwy, Suite 3B, Winston-Salem, NC 27103
Phone #	336-283-6906
Website	castillolawnc.com
Service(s) Offered	Whether you're looking to obtain a temporary visa (E-1, E-2 Visa's, Business Visa's H1B, I-140's, Labor Certifications, TN Visa's) for a few months or you're looking for permanent American citizenship, the immigration attorneys at Castillo Immigration Law Firm are here to provide you with compassionate assistance to help you and your loved ones navigate the legal system.
Requirements	None
Cost	There is a cost. Call for more information.
Servicios en Español	Se ofrecen servicios en Español.
Agency Name	EL BUEN PASTOR LATINO COMMUNITY SERVICES
Address	3701 Crosland Rd Winston-Salem, North Carolina 27106
Phone #	336-924-0401
Website	elbuenpastorlcs.org
Service(s) Offered	At El Buen Pastor Latino Community Services, we seek to offer Latino families hope for a positive future and to build bridges between the Latino community and the greater community as we facilitate cross-cultural relationships and bring new understanding and benefits to all. Through education, enrichment programs, as well as character and leadership development activities, we help families make informed choices about what to keep from their old culture and what to adopt from their new culture.
Requirements	None
Cost	Free
Servicios en Español	Se ofrecen servicios en Español.
Agency Name	IMMIGRATION SERVICES- THROUGH CATHOLIC CHARITIES
Address	1612 East 14th Street, Winston Salem, NC 27105
Phone #	336-714-3212
Website	ccdoc.org/en/services/immigration
Service(s) Offered	Offers legal immigration services including Citizenship, Green Cards, Deferred Action, Family Petitions, Adjustments of Status, Translations and Notary Services, and Travel Documents and Visas.
Requirements	None
Cost	There is a cost depending on the service. Call for more information.
Servicios en Español	Se ofrecen servicios en Español.
Agency Name	MI CASA COMMUNITY SERVICES
Address	1721 Link Road, Winston-Salem, NC 27103
Phone #	336-722-7040
Website	micasanc.org
Service(s) Offered	Mi Casa is a community based organization that assists the Spanish speaking community in direct general services, legal aid, community referrals, and translation services that are available in-person and over the phone.
Requirements	None
Cost	There is a cost for some services. Call for more information.
Servicios en Español	Se ofrecen servicios en Español.

Agency Name	WORLD RELIEF TRIAD
Address	102 West 3rd Street, Winston Salem, NC 27101
Phone #	336-887-9007
Website	worldrelief.org/triad
Service(s) Offered	Offers services for immigrants and refugees. Offers help with resettlement, legal services, case management, and information about other community resources.
Requirements	Catered for Immigrants and refugees.
Cost	Free
Servicios en Español	Se ofrecen servicios en Español.

LEGAL

Agency Name	CHILDREN'S LAW CENTER OF NORTH CAROLINA
Address	102 W. 3rd St, Suite 470, Winston-Salem, NC 27101
Phone #	336-831-1909
Website	childrenslawcenternc.org
Service(s) Offered	Offers legal advocacy to children and their families with domestic violence issues and high-conflict custody cases and offers information and referral to community resources for families already receiving legal services.
Requirements	Intended for families with children in need of protection, advocacy, and legal social work. Referral recommended.
Cost	Free
Servicios en Español	Se ofrecen servicios en Español.

Agency Name	LEGAL AID SOCIETY OF NWNC, INC
Address	102 W. 3rd St, Suite 460, Winston-Salem, NC 27101
Phone #	866-219-5262
Website	legalaiddnc.org/about-us/offices/winston-salem
Service(s) Offered	Legal Aid of North Carolina is a statewide, nonprofit law firm that provides free legal services in civil matters to low-income people in order to ensure equal access to justice and to remove legal barriers to economic opportunity.
Requirements	None
Cost	Free
Servicios en Español	Se ofrecen servicios en Español.

MEDICAL

Agency Name	BETHANY BAPTIST CHURCH MEDICAL CLINIC
Address	600 Old Hollow Road, Winston-Salem, NC 27106
Phone #	336-767-0760
Website	https://www.freeclinics.com/det/nc-bethany_baptist_church_medical_clinic
Service(s) Offered	Services: General medicine (no dental), school & sports physicals, men and women's clinic, pediatrics, small lab, immunizations, limited free medicine if unable to afford prescriptions. This is a sliding fee scale clinic.
Requirements	None. Must Call to inquire and make an appointment.
Cost	There is a cost. Call for more information.
Servicios en Español	No se ofrecen servicios en Español.

Agency Name	CLEVELAND AVENUE DENTAL CENTER
Address	501 N Cleveland Ave, Suite 1, Winston-Salem, NC 27101
Phone #	336-703-3090
Website	forsyth.cc/PublicHealth/cadc
Service(s) Offered	Services include the following: Exams, Cleanings, Fillings/Restorations, Partial and Dentures Extractions, Root Canal Treatment, Sealants, and Crowns. Insurance Accepted: Medicaid, NC Health Choice, Ameritas. \$3 copay required for patients over 21 using Medicaid and NC Health Choice. Self-pay patients may qualify for a sliding fee scale. **No copay required for women using Pregnancy Medicaid**
Requirements	None
Cost	There is a cost. Call for more information.
Servicios en Español	Se ofrecen servicios en Español.
Agency Name	CRISIS CONTROL MINISTRY
Address	200 10th St E., Winston Salem, NC 27101
Phone #	336-724-7453
Website	Crisiscontrol.org
Service(s) Offered	Crisis Control provides emergency assistance to residents of Forsyth County who have a crisis and need rent/mortgage, utilities, food, or medication assistance.
Requirements	None
Cost	Free
Servicios en Español	Se ofrecen servicios en Español. Contacto: 336-724-7875 ext 1068
Agency Name	FORSYTH COUNTY HEALTH DEPARTMENT – FAMILY PLANNING CLINIC
Address	Forsyth County Dept. of Public Health, Clinic 1 799 North Highland Avenue, Winston-Salem, NC 27101
Phone #	336-703-3324
Website	forsyth.cc/PublicHealth/family_planning.aspx
Service(s) Offered	The Forsyth County Family Planning Clinic is funded by the county, state, and federal government. The purpose of this clinic is to offer individuals comprehensive family planning and preventive health services. Birth control information, supplies, and services are provided to those wanting and needing them. Low-income families are given priority. All services are confidential. An adolescent clinic is available for teens and interpreters are also provided for non-English speaking clients.
Requirements	Services are offered to all women and men of child-bearing age and are teen-friendly. Women and men with Health Choice, Health Check, Medicaid, no insurance, low income and no income may attend this clinic. Being a resident of Forsyth County or North Carolina is not a requirement to visit the Family Planning Clinic. Call to schedule an appointment.
Cost	There is a cost for some services. Call for more information.
Servicios en Español	Se ofrecen servicios en Español.

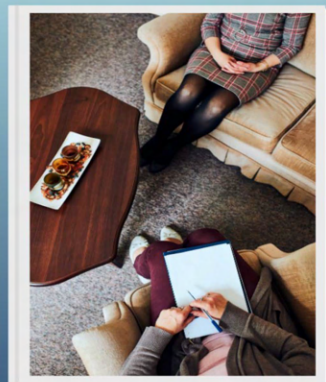
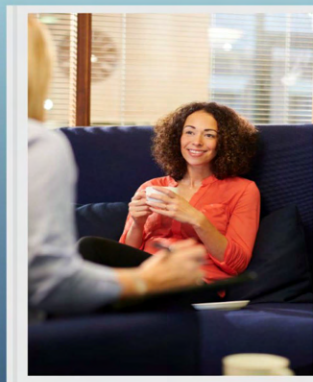
Agency Name	PREGNANCY MEDICAID (FORSYTH COUNTY MEDICAID)
Address	741 Highland Ave, Winston-Salem, NC 27101
Phone #	336-703-3803
Website	forsyth.cc/DSS/TEAM_medicaid.aspx
Service(s) Offered	The Medicaid program is a federal and state funded health insurance for eligible low-income Adults, families and children. Medicaid could pay for Medical expenses, precriptions, and doctor's visits.
Requirements	Eligibility is found in the application located on the website. Call for qualifications if unable to submit.
Cost	Free
Servicios en Español	Se ofrecen servicios en Español.
Agency Name	SOUTHSIDE UNITED HEALTH CENTER
Address	3009 Waughtown St A, Winston-Salem, NC 27107
Phone #	336-293-8728
Website	uhcenters.org
Service(s) Offered	Southside United Health center offers quality, comprehensive medical, dental and behavioral health services. Services include, but are not limited to, integrated behavioral healthcare, women's health, prenatal care, physicals, chronic illness, minor trauma, immunizations, laboratory services on-site (Blood Pregnancy Tests), STD testing, and medical staff on call 24/7 for inquiries. SUHC does not turn away anyone who cannot pay. SUHC accepts Medicare, Medicaid, and offers a sliding fee discount program for the uninsured.
Requirements	Anyone. Appointment recommended, but they do accept walk-ins. Please see "Patient Instructions" on website for what you will need to bring with you to your appointment.
Cost	There is a cost. Call for more information.
Servicios en Español	Se ofrecen servicios en Español.
Agency Name	WINSTON SALEM RESCUE MISSION- MEDICAL AND DENTAL CLINIC
Address	710 North Trade Street, Winston Salem, NC 27101
Phone #	336-723-1848
Website	wsrescue.org/medical-and-dental-clinic
Service(s) Offered	The Winston-Salem Rescue Mission is a host site of the Samaritan Medical Clinics. Hours of service are as follows: MEDICAL CLINIC- MONDAYS and THURSDAYS from 7:00am - 9:00am DENTAL CLINIC- The 2nd and 4th THURSDAY of each month at 6:30am A limited number of patients are seen on a "first-come-first-serve" basis. They intend to treat individuals who cannot afford to pay for their healthcare and do not have health insurance.
Requirements	None
Cost	Free
Servicios en Español	Se ofrecen servicios en Español.

Agency Name	ATRIUM HEALTH – WFBMC BIRTH CENTER
Address	1 Medical Center Blvd, Winston-Salem, NC 27157
Phone #	336-716-2011
Website	wakehealth.edu/Locations/Clinics/b/Birth-Center
Service(s) Offered	The Birth Center offers a secure, private experience, with curb-side access, 24-7 valet parking and easy, direct access to The Birth Center through private elevators. Your private room provides a quiet, supportive environment, so you and your baby can truly bond. Welcoming your new baby with us means you have all the comforts of home plus access to the finest medical expertise - all tailored to the specific needs of you and your baby. Our array of experts, including obstetricians, certified nurse midwives, pediatricians, family medicine providers and maternal-fetal medicine specialists, are also complemented by our highly skilled nurses and experienced lactation consultants. The Birth Center provides evidence-based, quality care that is individualized for you and enables a positive childbirth experience.
Requirements	Must be pregnant to receive care.
Cost	There is a cost. Call for more information.
Servicios en Español	Se ofrecen servicios en Español.
Agency Name	THE COMMUNITY HEALTH ALLIANCE– MOBILE CLINIC
Address	Mobile/Various Locations in Forsyth County (see website for details)
Phone #	743-212-2021
Website	https://www.wakehealth.edu/about-us/serving-our-communities/community-health-alliance
Service(s) Offered	The Community Health Alliance Mobile Clinic provides free health care to uninsured individuals, via the mobile health clinic of Atrium WFBMC. The Community Health Alliance provides the following services: Primary and urgent care (both appointments and walk-in), Referrals for mammograms, Referrals for eye exams and glasses, Nutritionist counseling, Pharmacist support, Prescriptions, Primary care labs and COVID-19 testing for symptomatic patients.
Requirements	None
Cost	Free
Servicios en Español	Se ofrecen servicios en Español.
Agency Name	N.C. MED ASSIST
Address	4428 Taggart Creek Rd #101, Charlotte, NC 28208
Phone #	704-536-1790
Website	medassist.org
Service(s) Offered	NC MedAssist is the only statewide non-profit pharmacy in North Carolina. Through various programs, they provide prescription and over-the-counter medications to individuals in need at no cost and can be mailed directly to you.
Requirements	None
Cost	Free
Servicios en Español	Se puede acomodar con anticipación.

	SALEM PREGNANCY CARE CENTER
Address	3001 Maplewood Ave, Winston-Salem, NC 27103
Phone #	336-760-3680
Website	Salempregnancy.org
Service(s) Offered	Salem Pregnancy Care Center offers lab-quality pregnancy testing, limited obstetric ultrasounds, prenatal vitamins, STD/STI testing, referrals for community resources, pregnancy Medicaid assistance (Pregnancy Test Verification), non-judgmental confidential support, community shopping for baby items, parenting classes, and a 6-month life coaching program called Hope.
Requirements	None
Cost	Free
Servicios en Español	Se ofrecen servicios en Español.
	SALEM PREGNANCY CARE CENTER MOBILE MEDICAL UNIT
Address	Locations will vary
Phone #	336-760-3680
Website	Salempregnancy.org
Service(s) Offered	Salem Pregnancy Care Center offers lab-quality pregnancy testing, limited obstetric ultrasounds, prenatal vitamins, STD/STI testing and treatment (for most infections), referrals for community resources, pregnancy Medicaid assistance (Pregnancy Test Verification), non-judgmental confidential support, community shopping for baby items, parenting classes, and a 6-month life coaching program called Hope.
Requirements	None
Cost	Free
Servicios en Español	Se ofrecen servicios en Español.

MENTAL HEALTH	
Agency Name	FAMILY SERVICES (Counseling)
Address	1200 South Broad Street, Winston Salem, NC 27101
Phone #	336-722-8173
Website	familyservicesforsyth.org/services/counseling/
Service(s) Offered	Family Services provide an array of outpatient therapy, counseling support and educational programs to help children, adults and families cope with challenges in their lives. Pregnancy counseling and support is also offered. Family services accepts Medicaid and offers services on a sliding fee scale to individuals and families who live or work in Forsyth County.
Requirements	Counseling for children, adolescents and adults, and individuals, couples and families.
Cost	There is a cost. Call for more information.
Servicios en Español	Se ofrecen servicios en Español.

Agency Name	GIVE GRACE YOUTH & FAMILY COUNSELING PLLC
Address	1400 Old Mill Circle Suite A Winston Salem NC 27103
Phone #	336-893-7742
Website	givegracecounseling.com
Service(s) Offered	Give Grace Counseling offers cognitive behavioral therapy, play therapy, family sessions. Telehealth services are available.
Requirements	None
Cost	Accept insurance as well as grant funded resources
Servicios en Español	No se ofrecen servicios en Español
Agency Name	RESTORATION PLACE COUNSELING
Address	1301 Carolina Street Suite 114 Greensboro NC 27401
Phone #	336-542-2060
Website	reception@rpcounseling.org
Service(s) Offered	Christian, In-Person and Online, Affordable Counseling by a licensed clinician. The individual in-person counseling sessions for girls and women aged 12 and up.
Requirements	None
Cost	The sliding scale that ranges from only \$25 per session to our standard rate of \$150 per session.
Servicios en Español	Se puede acomodar con anticipacion.
Agency Name	SALEM PREGNANCY CARE CENTER
Address	3001 Maplewood Ave, Winston-Salem, NC 27103
Phone #	336-760-3680
Website	Salempregnancy.org
Service(s) Offered	Salem Pregnancy Care Center offers lab-quality pregnancy testing, limited obstetric ultrasounds, prenatal vitamins, referrals for community resources, pregnancy Medicaid assistance (Pregnancy Test Verification), non-judgmental confidential support, community shopping for baby items, parenting classes, and a 6-month life coaching program called Hope. A one-on-one session for post-abortion with a lay counselor and referral for continued healing.
Requirements	None
Cost	Free
Servicios en Español	Se ofrecen servicios en Español.



Agency Name	RACHEL'S VINEYARD
Address	808 N. Henderson Road 2nd Floor King of Prussia, PA 19406
Phone #	(610) 354-0555; 877 HOPE 4 ME (877-467-3463) and H3LPLINE: Help, Hope, Healing...After the Pain of Abortion. Call or Text 866-721-7881
Website	https://www.rachelsvineyard.org/
Service(s) Offered	Rachel's Vineyard is a safe place to renew, rebuild and redeem hearts broken by abortion. Weekend retreats offer you a supportive, confidential and non-judgmental environment where women and men can express, release and reconcile painful post-abortion emotions to begin the process of restoration, renewal and healing.
Requirements	Married couples, mothers, fathers, grandparents and siblings of aborted children, as well as persons who have been involved in the abortion industry.
Cost	Call for more information
Servicios en Español	Se ofrecen servicios en Español
Agency Name	HOLY CURIOUS (Counseling)
Address	765 Highland Oaks Drive Suite100, Winston-Salem, NC 27103
Phone #	336-926-0429
Website	Holycurious.com
Service(s) Offered	Individual and couples counseling as well as consultations regarding more difficult shepherding situations within their community. Individuals from throughout the community are welcome. Services are fee-based.
Requirements	None
Cost	There is a cost. Call for more information.
Servicios en Español	No se ofrecen servicios en Español.
Agency Name	MENTAL HEALTH ASSOCIATION IN FORSYTH COUNTY
Address	1509 S Hawthorne Rd, Winston-Salem, NC 27103
Phone #	336-768-3880
Website	triadmentalhealth.org
Service(s) Offered	Services include Support Groups, Crisis Intervention Team (CTI) Training, Representative Payee Services, Hospital Outreach Programs, Court Assistance Program, Information and Referral Services, Mental Health 101 Training/ Mental Health First AID, Mental Health Awareness Campaigns and Suicide Awareness Prevention Trainings, Mental Health Court (MHC), Speaker Meetings, Operation Santa Claus, and Advocacy.
Requirements	Referral Required. For more information contact andy@triadmentalhealth.org
Cost	Free
Servicios en Español	No se ofrecen servicios en Español.



Agency Name	MONARCH - BEHAVIORAL HEALTH SERVICES
Address	4140 N. Cherry Street NW, Winston-Salem, NC 27105
Phone #	336-306-9620 OR 866-272-7826
Website	monarchnc.org/service-locations/forsyth
Service(s) Offered	A variety of behavioral health services are offered, including: Outpatient Therapy and Psychiatric Services, Open Access- no appointment necessary for first visit, Assertive Community Treatment Team (ACTT), Intensive In-Home Services, Individual Placement and Support (IPS Employment Services), Peer Support Services, Community Support Team Services and On-site pharmacy services provided by Genoa Healthcare.
Requirements	For individuals with intellectual and developmental disabilities, mental illness, and/or substance use disorders.
Cost	There is a cost. Call for more information.
Servicios en Español	Se puede acomodar con anticipacion
Agency Name	OLD VINEYARD BEHAVIORAL HEALTH SERVICES
Address	3637 Old Vineyard Rd, Winston-Salem, NC 27104
Phone #	336-794-3550 OR 855-234-5920
Website	oldvineyardbhs.com
Service(s) Offered	Old Vineyard offers a variety of behavioral health services in Winston-Salem, NC, to help those in need get the treatment they deserve. Whether you or a loved one suffer from trauma, depression, anxiety, addiction, or suicidal thoughts, Old Vineyard mission is to provide care that helps to address, and eventually heal, behavioral health issues.
Requirements	Referral Required. Old Vineyard accept most major insurance including Medicare and TRICARE. The assessment and referral center will ensure that insurance benefits are verified including precertification for your stay.
Cost	There is a cost. Call for more information.
Servicios en Español	No se ofrecen servicios en Español
Agency Name	TRINITY CHRISTIAN COUNSELING
Address	Reynolda Road Location: 2430-b Reynolda Road, Suite 2, Winston Salem, NC 27106 Henning Drive Location: 2499 Henning Drive in Winston-Salem NC, 27106
Phone #	336-291-7477
Website	Trinity4healing.com
Service(s) Offered	Services Offered: Individual Counseling Adolescent Counseling Family/Couples Counseling Premarital Counseling Post Abortion Recovery Self Esteem Building Psychoeducational Workshops Church Partnership
Requirements	To learn more or to schedule an appointment, please call the provided phone number.
Cost	There is a cost. Call for more information.
Servicios en Español	No se ofrecen servicios en Español.

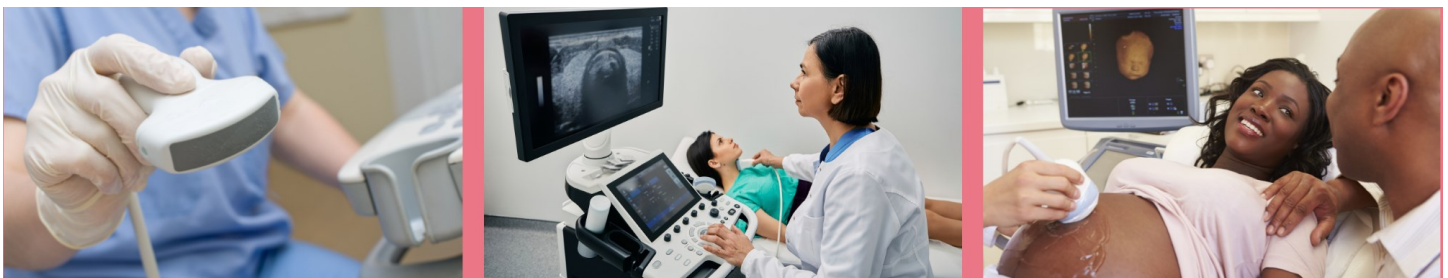
Agency Name	SUPPORT AFTER ABORTION (SPIRITUAL & NONSPIRITUAL OPTIONS)
Address	2607 Woodruff Rd. STE E119 Simpsonville, SC 29681
Phone #	833-403-HEAL (4325)
Website	https://supportafterabortion.com/client-healing-center/keys-to-hope-and-healing/
Service(s) Offered	Through our After Abortion Line we connect those seeking healing with those who provide healing. Through <u>webinars</u> , clinical meetings, conference training, our <u>online learning platform</u> , curriculum, and resources, we equip leaders, counselors, clinicians, and other abortion healing providers to support those impacted by abortion. The Support After Abortion After Abortion Line is a free support service that provides real-time, compassionate, genuine care via phone, text, email, and social media messaging for women and men who have experienced abortion; for friends, family members, and others who have been impacted by abortion; as well as those who are considering abortion for a current pregnancy.
Requirements	Call for more information
Cost	Call for information
Servicios en Español	No se ofrecen servicios en Español
Agency Name	HER CHOICE TO HEAL
Address	Ramah International, 246 N Barrington Rd #162, Tontitown, Arkansas 72770
Phone #	479-445-6070
Website	https://herchoicetoheal.com/
Service(s) Offered	This spiritually-based course incorporates biblical passages relating to abortion pain to begin to connect individuals to God's unique healing process. This site is free for anyone to use and the Ramah International team is always available to both help you process this pain and provide a local referral (if available) to your local pregnancy center for continued healing.
Requirements	Visit the website for a free online course
Cost	No Cost
Servicios en Español	No se ofrecen servicios en Español
Agency Name	THE COUNSELING CENTER
Address	3153 Reynolda Rd. Winston Salem NC 27106
Phone #	336-891-3238
Website	
Service(s) Offered	Couples counseling, anxiety, depression and panic symptoms, survivors of sexual assault, womens issues and spiritual counseling. Work extensively with Hispanic clients concerning acculturation, multi-generational and cultural adaptation issues. Couples, individuals and groups; preteens, teens adults and elders age 65+.
Requirements	
Cost	There is a cost: Insurance is accepted
Servicios en Español	Se puede acomodar con anticipacion

Agency Name	SAMARITAN MINISTRIES (THE EMPOWERMENT PROJECT FOR THE HOMELESS)
Address	414 E. Northwest Blvd, Winston-Salem, NC 27105
Phone #	336-748-1962
Website	samaritanforsyth.org/programs
Service(s) Offered	The Empowerment Project operates as a street outreach program for homeless adults and families experiencing mental health struggles or substance use disorders. By helping participants navigate through a system of services, referrals and resources in our community, these support channels will help enable permanent housing, health and income options.
Requirements	None
Cost	Free
Servicios en Español	No se ofrecen servicios en Español.
Agency Name	TRELLIS SUPPORTIVE CARE (GRIEF)
Address	101 Hospice Ln, Winston-Salem, NC 27103
Phone #	336-768-3972
Website	www.trellissupport.org/services/grief-counseling
Service(s) Offered	Trellis Supportive Care offers a wide range of counseling services, both group and individual. Counselors work with clients to validate the experience of grief and find strength and coping skills.
Requirements	None
Cost	Free
Servicios en Español	No se ofrecen servicios en Español.
Agency Name	WELLS CENTER (Trauma)
Address	725 N. Highland Ave., Annex 1 suite 117, Winston Salem, NC 27106
Phone #	336-261-6893
Website	thewellscenter.org
Service(s) Offered	The Wells Center specializes in women transitioning from jail/prison as well as trauma clients from Salem Pregnancy Care Center. The Wells Center offers select programs, peer counseling, and workshops, so women can come to heal from life experienced trauma.
Requirements	Must be a woman offender/ex-offender transitioning or a woman in need of trauma assistance. Referral Required.
Cost	Free
Servicios en Español	No se ofrecen servicios en Español.
Agency Name	SALUD MENTAL HEALTH, PLLC
Address	PO Box 11366, Winston-Salem, NC 27116
Phone #	336-685-1193
Website	saludmh.com
Service(s) Offered	Salud Mental Health (SMH) is dedicated to bringing mental health awareness, connection, and resources to the underserved communities. Dr. Pulgar has worked tirelessly to fill the gap between the needs of bilingual child/adolescent therapists in the Latin community in Forsyth County, NC.
Requirements	None
Cost	There is a cost. Call for more information.
Servicios en Español	Se puede acomodar con anticipacion

Agency Name	MIND PATH HEALTH
Address	1132 N Church St, Suite 101, Greensboro, NC 27401 TELEHEALTH is also available online for this provider.
Phone #	336-398-3988
Website	mindpath.com
Service(s) Offered	Mindpath Health offers compassionate care with an experienced mental health care team. The comprehensive support includes psychiatric evaluation, medication management, therapy, family and marriage counseling, and more. Key services include but are not limited to Psychiatric evaluation, Medication management, and Therapy/Counseling.
Requirements	Call to schedule an appointment. Also all new patients are required to set up your Patient Portal account prior to your first appointment on the website. This includes the new patient paperwork they have linked online as well.
Cost	There is a cost. Call for more information.
Servicios en Español	No se ofrecen servicios en Español.
OBGYN	
Agency Name	DOWNTOWN HEALTH PLAZA
Address	1200 N Martin Luther King Jr Dr, Winston-Salem, NC 27101
Phone #	336-713-9800
Website	https://www.wakehealth.edu/locations/facilities/downtown-health-plaza?utm_source=GMB&utm_medium=Organic&utm_campaign=AHWFB
Service(s) Offered	Downtown Health Plaza offers all routine aspects of obstetrics care, including preconception counseling and postpartum care, General Gynecology, and Maternal-Fetal Medical services.
Requirements	None
Cost	There is a cost. Call for more information.
Servicios en Español	Se ofrecen servicios en Español.
Agency Name	NOVANT HEALTH TODAY'S WOMAN OB/GYN
Address	2001 Todays Woman Ave NW, Winston-Salem, NC 27105
Phone #	336-722-1818
Website	nhtodayswomanobgyn.org
Service(s) Offered	Novant Health Today's Woman OB/GYN provides obstetric and gynecologic services to women of all ages. The board-certified providers offer sick-patient care as well as preventive care to help you stay well. They are committed to delivering the care you need regardless of your ability to pay. Gynecologic care: Annual gynecologic exams and care for gynecologic conditions. Obstetric care: The care you need for a healthy pregnancy and a healthy baby.
Requirements	Call to make an appointment
Cost	There is a cost. Call for more information.
Servicios en Español	Se ofrecen servicios en Español.



Agency Name	NOVANT HEALTH TRIAD OBGYN
Address	2909 Maplewood Ave, Winston-Salem, NC 27103
Phone #	336-277-0340
Website	nhtriadobgyn.org
Service(s) Offered	Novant Health Triad Obstetrics & Gynecology is devoted to supporting women through each of life's stages, while respecting fertility and upholding the sacredness of human life. We offer gynecologic care including minimally invasive surgery, as well as prenatal care and natural family planning assistance.
Requirements	Initial visit, clients should be 8+ weeks along. However, if the patient has questions about her pregnancy she would be required to make an appointment called "Pregnancy Plan for Care". For a first visit the patient needs to bring the following: A photo ID, Insurance Card, your method of co-payment, or payment in full if you are uninsured, and any medications you are currently taking, including over the counter medications and herbal supplements.
Cost	There is a cost. Call for more information.
Servicios en Español	No se ofrecen servicios en Español.
Agency Name	VALAORAS & LEWIS OBGYN
Address	245 Charlois Blvd, Winston-Salem, NC 27103
Phone #	336-659-4777
Website	nhvalaoraslewisobgyn.org
Service(s) Offered	The staff at Novant Health Valaoras & Lewis OB/GYN are there for all of your prenatal care from the moment you discover you are pregnant, until the time you deliver. Initial visit encompasses lab work, visit with doctor, and family history reviewed with nurse. a
Requirements	None
Cost	There is a cost. Call for more information.
Servicios en Español	No se ofrecen servicios en Espanol.
Agency Name	ATRIUM HEALTH WFBMC FAMILY MEDICINE- DR. RICHARD LORD & DR. KELLY BECK
Address	1920 W 1st St, Winston-Salem, NC 27104
Phone #	336-716-4479
Website	wakehealth.edu/locations/clinics/f/family-medicine-piedmont-plaza
Service(s) Offered	Services include physical examinations, well baby and child care (Including Centering Parenting), and Obstetrical and gynecological care.
Requirements	None
Cost	There is a cost. Call for more information.
Servicios en Español	No se ofrecen servicios en Español.



PATERNITY TESTING	
Agency Name	DNA PATERNITY TESTING EXPERTS
Address	163 Stranford Court, Winston-Salem, NC 27103
Phone #	336-671-9340
Website	dnapaternityexperts.com
Service(s) Offered	DNA Paternity Testing Experts specializes in forensic parentage and relationship testing that includes the following services: Paternity DNA Test (Paternity24 - Determine if a man is the True Biological Father of a Child. Price: \$189), Legal DNA Paternity Test (1 Alleged Father/1 Child/Mother (Optional). Price: Starts at \$299), and Prenatal Paternity (which is non invasive and must call for more details).
Requirements	None
Cost	There is a cost. Call for more information.
Servicios en Español	No se ofrecen servicios en Español.
Agency Name	ARCpoint LABS
Address	3726 Vest Mill Road, Winston-Salem, NC 27103
Phone #	336-999-8298
Website	arcpointlabs.com/winston-salem
Service(s) Offered	DNA Paternity Testing Options for legal reasons or peace of mind. Information Paternity: No ID required, Simple cheek swab, Not court admissible. Price: \$219 (price might be subject to change). Legal Paternity: Valid government issued ID required, Legal documentation provided, Commonly used for custody cases, immigration, estate settlements, social security benefits, court ordered & more. <i>Father deceased? They can test grandparents, aunts/uncles or siblings.</i> Price: \$329 (price might be subject to change). Prenatal Paternity: Safe and Non-invasive, Simple blood test, Mother must be at least 9 weeks pregnant. Price: \$950 (get the result in 15 days) or \$1,250 (get the result in 12 days).
Requirements	Talk to ARCpoint Labs specialist to schedule your appointment or stop in your ARCpoint Labs location.
Cost	There is a cost. Call for more information.
Servicios en Español	No se ofrecen servicios en Español.



STD RESOURCE	
Agency Name	SEXUALLY TRANSMITTED DISEASE CLINIC
Address	Forsyth County Dept. of Public Health, Clinic 2 799 North Highland Avenue, Winston-Salem, NC 27101
Phone #	336-703-3324
Website	forsyth.cc/PublicHealth/STD_clinic.aspx
Service(s) Offered	The Sexually Transmitted Disease Clinic provides confidential examinations, diagnostic testing, and treatment of STDs (syphilis, gonorrhea, chlamydia, and others). HIV counseling and testing is also offered to clients who are seen in the STD Clinic. For all testing (including HIV, syphilis, chlamydia and gonorrhea), clients will be contacted if a test result is positive for the infection.
Requirements	Anyone with concerns suggestive of a sexually transmitted disease or contact with an STD. You do not have to be a resident of Forsyth County or North Carolina to visit this clinic. A photo ID is required. Call to schedule an appointment.
Cost	Free
Servicios en Español	Se ofrecen servicios en Español.
Agency Name	SALEM PREGNANCY CARE CENTER
Address	3001 Maplewood Ave Winston Salem, NC 27103
Phone #	336-760-3680
Website	www.salempregnancy.org/std/
Service(s) Offered	Salem Pregnancy provides confidential examinations, diagnostic testing, and treatment of STDs (syphilis, gonorrhea, chlamydia, and others). HIV counseling and testing is also offered to clients who are seen in the STD Clinic. For all testing (including HIV, syphilis, chlamydia and gonorrhea), clients will be contacted if a test result is positive for the infection.
Requirements	Anyone with concerns suggestive of a sexually transmitted disease or contact with an STD. You do not have to be a resident of Forsyth County or North Carolina to visit this clinic. A photo ID is required. Call to schedule an appointment.
Cost	Free
Servicios en Español	Se ofrecen servicios en Español.
TEEN HELP	
Agency Name	CATHOLIC CHARITIES
Address	1612 East 14th Street, Winston-Salem, NC 27105
Phone #	336-727-0705
Website	ccd.org/en/services/pregnancy-support-adoption/teen-parenting
Service(s) Offered	Catholic Charities offers support, encouragement, and education to first time expectant or parenting teens who reside in Forsyth County in an effort to prepare them for future independence and self-sufficiency. The program goals focus on three broad areas that will have impact on the future life trajectory for the teen and their child. These three goals are healthy decision-making, academic achievement, and comprehensive life skills training.
Requirements	First time expectant and parenting teens from 12 to 21 years of age who reside in Forsyth County. The program serves both teen mothers and teen fathers. For further information, please contact Valeria Bethea at 336-714-3218 or email at vybethea@charlottediocese.org
Cost	Free
Servicios en Español	No se ofrecen servicios en Español.

Agency Name	FALCON CHILDREN'S HOME AND FAMILY SERVICES
Address	7569 North West St., Falcon, NC 28342
Phone #	910-980-1065
Website	falconchildrenshome.org
Service(s) Offered	Royal Home Ministries: Royal Home Ministries offers counseling and education opportunities for teen pregnant mothers in a nurturing, protected atmosphere. Residential Care: Falcon Children's Home and Family Services has 13 cottages on the campus that can hold up to 12 residents and trauma informed house parents on each hall. The residential program at Falcon Children's Home and Family Services is designed and licensed to care for children from birth to 21 years old in a safe and nurturing environment to develop and heal. Transitional Living Program: Residents who age out of foster care are able to enroll in an 18-21 program with the state that provides financial assistance and support. The Transitional Living Program (TLP) at Falcon Children's Home and Family Services seeks to provide quality services to each resident that enters the program. Those services are designed to promote independence when leaving Falcon Children Home and Family Services.
Requirements	Visit the website for requirements.
Cost	Free
Servicios en Español	Se ofrecen servicios en Español.
Agency Name	YOUNGLIVES (YOUNG LIFE OF FORSYTH COUNTY)
Address	2601 Pilgram Court Suite 110, Winston-Salem, NC 27106
Phone #	336-725-1750
Website	forsythcounty.younglife.org
Service(s) Offered	YoungLives is a ministry of Young Life for pregnant and parenting teens. YoungLives bring teen moms, teen dads, babies, and mentors together to build a community of support and friendship.
Requirements	Must be a pregnant teen or parenting teen. Email younglifefc@bellsouth.net for more information
Cost	Free
Servicios en Español	No se ofrecen servicios en Español.
TRANSPORTATION	
Agency Name	SAFE KIDS NORTHWEST PIEDMONT
Address	Wake Forest Baptist Medical Center Medical Center Boulevard, Winston-Salem, NC 27157
Phone #	336-716-0649
Website	safekids.org/coalition/safe-kids-northwest-piedmont
Service(s) Offered	Safe Kids Northwest Piedmont is led by Wake Forest Baptist Medical Center, which provides dedicated and caring staff, operation support and other resources to assist in achieving a common goal: keeping your kids safe. Based on the needs of the community, this coalition implements evidence-based programs, such as car-seat checkups, safety workshops and sports clinics, that help parents and caregivers prevent childhood injuries.
Requirements	Contact Luly Beckles for more information: hbeckles@wakehealth.edu
Cost	Free
Servicios en Español	No se ofrecen servicios en Español.

Agency Name	WINSTON SALEM TRANSIT AUTHORITY
Address	100 W 5th St, Winston-Salem, NC 27101
Phone #	336-727-2000
Website	wstransit.com
Service(s) Offered	Bike and Ride: Whether you use your bike for transportation, exercise or recreation, WSTA's bike racks allow you to extend your trip by biking to or from a bus stop. Half Price Program: Medicare recipients, senior citizens (age 60 and over) and disabled persons may qualify for WSTA's Half Fare Program. Step Program: Want to learn how to ride the Winston-Salem Transit Authority bus system? The School Transit Education Program will teach you everything you need to know. The staff introduces students from Kindergarten through 12th grade to their local transit system with easy-to-understand steps. <i>No cost.</i> Mobility Management: Any passengers in need of information regarding fixed-route bus service times, bus stop location, etc. and eligible persons who wish to use Trans-AID services to schedule trips should call the Mobility Management Department. Travel Training: The Travel Training Program is designed to help individuals or groups with their specific questions or training needs. The one-on-one training can help you feel confident about using WSTA services.
Requirements	None
Cost	There is a cost for some services. Call for more information.
Servicios en Español	No se ofrecen servicios en Español.
Agency Name	WHEELS4HOPE
Address	110 South Walnut Circle, Greensboro, NC 27409
Phone #	336-355-9130
Website	wheels4hope.org
Service(s) Offered	The primary mission of Wheels4Hope is to provide affordable, reliable transportation to economically-vulnerable families and individuals in the community. Wheels4Hope is currently serving those in the Triangle and Triad areas of North Carolina.
Requirements	Participantes must be referred by a partner agency, have a valid NC Drivers license, proof of employment, and have no other vehicle within the household.
Cost	There is a cost. Call for more information. Participants pay approx. \$500 + title fees on average.
Servicios en Español	No se ofrecen servicios en Español.
Agency Name	SUPPORT SYSTEMS OF FORSYTH COUNTY
Address	1922 S Martin Luther King Jr Dr, Winston-Salem, NC 27107
Phone #	336-464-3126
Website	supportsystemsnc.com
Service(s) Offered	Provides low cost transportation to your place of employment, medical appointments, and adult educational classes.
Requirements	Any individual in need of Transportation.
Cost	There is a cost. Call for more information.
Servicios en Español	No se ofrecen servicios en Español.

**3001 Maplewood Ave.
Winston Salem, NC 27103
336.760.3680
salempregnancy.org**